

# *City of San Bruno Summer 2012*



 San Bruno Community Services  
 @sbcommunity

## *Community Services Activity Guide*

# Discover Summer Fun at The Shops at Tanfennan!

At Summer Island Camp, children 13  
years and under enjoy camp every day 9:30-11:00 weekly  
containing fun and exciting programs.

Visit The Shops at Tanfennan even for the  
Summer Island Camp schedule and details.



Join the fun  
August!

For registration  
contact us!

**2024**

**2024**

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# Class Locations

**Barrett Community Center:** 1835 Belburn Ave, Belmont  
**Bay Badminton Center:** 1611 Adrian Rd. Burlingame  
**Belle Air Community Center:** 400 3<sup>rd</sup> Avenue, SB  
**Cahill Judo Academy,** 635 San Mateo Avenue, SB  
**Chetcuti Room:** 650 Poplar Ave, Millbrae  
**Dragon Fly Studios:** 55 Nursery Way, SSF  
**Edward Jones:** 1001 Sneath Lane, Suite 107, SB  
**Forest Hill Christian Church:** 250 Laguna Honda Blvd. SF  
**Dojo USA:** 731 Kains Avenue, SB  
**Fire Station #51:** 555 El Camino Real, SB  
**Grundy Park:** Cherry Avenue @ Park Ave., SB  
**Ice Center:** 2202 Bridgepointe Parkway, SM  
**Lions Field:** End of 1<sup>st</sup> Avenue, SB  
**Linda Mar Beach:** HWY 1, Pacifica  
**Millbrae Community Center:** 477 Lincoln Circle, Millbrae  
**Monte Verde Elem. School:** 2551 St. Cloud Drive, SB  
**Pacifica Recreation Center:** 540 Crespi Drive, Pacifica  
**Parkside Elementary School:** 1801 Niles Avenue, SB  
**Planet Granite:** 100 El Camino Real, Belmont  
**Portola Elem. School:** Amador & Lake Drive, SB  
**Rollingwood Elementary School:** 2500 Cottonwood, SB  
**San Bruno Park Pool:** 201 City Park Way, SB  
**San Bruno Senior Center:** 1555 Crystal Springs, SB  
**SF Fencing:** 400 Balboa (cross street 41<sup>st</sup> Ave.) SF  
**Tanforan Professional Center:** 1405 B Huntington, SSF  
**Veterans Memorial Recreation Center:** City Park -  
 251 City Park Way (Crystal Springs @ Oak Ave.), SB  
**ViBO Music Center:** 488 San Mateo Ave., SB

## City offices will be closed:

|                  |                     |
|------------------|---------------------|
| April 13         | Work Furlough       |
| May 28           | Memorial Day        |
| June 8           | Work Furlough       |
| July 4           | 4th of July Holiday |
| August 10        | Work Furlough       |
| September 3      | Labor Day           |
| October 12       | Work Furlough       |
| November 12      | Veterans Day        |
| November 22 & 23 | Thanksgiving        |
| December 24 & 25 | Winter Break        |

**Parks  
Make  
Life  
Better!**

**The San Bruno Community  
Services Department**  
*"Providing Quality Programs,  
Places & Services"*





# City Contact Information

## San Bruno City Council

Jim Ruane, Mayor • Ken Ibarra, Vice Mayor • Rico E. Medina • Irene O'Connell • Michael Salazar  
The City Council meets the 2nd & 4th Tuesdays of each month at 7:00pm.  
Council meetings are held at the San Bruno Senior Center, 1555 Crystal Springs Road

## San Bruno City Manager

Connie Jackson

## Parks & Recreation Commission

Stephan Marshall, Chair • Mike Palmer, Vice Chair • Laura Davis • Lorry Greenberg • Tom Lara  
David Nigel • Greg Pierce • Lucy Zamattia • Claudia Calonje, Youth Representative  
The Parks & Recreation Commission meets the 3<sup>rd</sup> Wednesday of each month at 6:30pm.  
Commission meetings are held at San Bruno City Hall, 567 El Camino Real, Room #115.

## Senior Advisory Board

Bill Goff, Chair • Barbara Luzaich, Vice Chair • Dorothy Carmichael • Ellen Donnelly  
Elisa Geraldini • Loretta Groulx • Ken Kreisel

The Senior Advisory Board meets the 3<sup>rd</sup> Tuesday of each month at 8:30am.  
Advisory Board meetings are held at the San Bruno Senior Center, 1555 Crystal Springs Road.

## Culture & Arts Commission

Emile Hons, Chair • Bardi Rosman Koodrin, Vice Chair • Pamela Gamble • Jeanne George  
Carolyn Livengood • Tami Parker • Melodie Tobin

The Culture & Arts Commission meets the 3<sup>rd</sup> Thursday of each month at 6:30pm.  
Commission meetings are held at San Bruno City Hall, 567 El Camino Real, Room #115.

## Community Services

Randy Schwartz, Community Services Director 650-616-7181  
Jackie Mattias, Executive Assistant 650-616-7185

### Recreation Services

Danielle Brewer, Recreation Services Manager 650-616-7182  
Jennie Tucker, Recreation Services Supervisor 650-616-7184  
Dee Kranitz, Recreation Services Supervisor 650-616-7183

### Library Services

John Alita, Assistant Library Director 650-616-7017  
Barbara Bruxvoort, Children's Services Manager 650-616-7014  
Tim Wallace, Library Services Manager 650-616-7084

### Senior Services

Wendy Mines, Recreation Services Manager 650-616-7151  
Mary Tessier, Recreation Services Supervisor 650-616-7152  
Gloria Deeter, Nutrition Manager 650-616-7154  
Susan Mrsny, Social Services Coordinator 650-616-7155  
Ron Miles & Larry Levine, Senior Bus Drivers 650-616-7150

### Parks & Facilities Services

Jeff Madonich, Parks Field Supervisor 650-616-7194  
Rene Walsh, Parks Field Supervisor 650-616-7193

## Field Condition Hotline

650-616-7180 press 6

## Website

[www.sanbruno.ca.gov](http://www.sanbruno.ca.gov)

# City of San Bruno Community Services Facilities

## Veterans Memorial Recreation Center

251 City Park Way  
Phone: (650) 616-7180  
Fax: (650) 583-2545

### Business Hours

|                   |                 |
|-------------------|-----------------|
| Monday - Thursday | 8:00am - 9:00pm |
| Friday            | 8:00am - 5:00pm |
| Saturday          | 9:00am - 1:00pm |
| Sunday            | Closed          |

### Mailing Address

567 El Camino Real  
San Bruno, CA 94066

## Parks & Facilities Division

1125 Crystal Springs Avenue  
Phone: (650) 616-7195  
Fax: (650) 225-9314

## Senior Center

1555 Crystal Springs Road  
Phone: (650) 616-7150  
Fax: (650) 589-8219

### Business Hours

Monday - Friday 8:00am - 4:00pm

## San Bruno Public Library

701 Angus Avenue West  
Phone: (650) 616-7078  
Fax: (650) 638-0399

### Business Hours

|                |                  |
|----------------|------------------|
| Monday - Thurs | 11:00am - 8:00pm |
| Friday         | 1:00pm - 5:00pm  |
| Saturday       | 10:00am - 5:00pm |
| Sunday         | Closed           |

## San Bruno Park Pool

201 City Park Way  
Phone: (650) 616-7191

# Picnic Site Rental & Park Information

## Peak Rental Rates (March 1-October 31)

### San Bruno City Park

Small Areas (Areas 1-6 & 8-11): \$85 Resident, \$107 Non-resident  
 Medium Areas (Areas 7 & 12): \$95 Resident, \$119 Non-resident  
 Large Area (Beckner Shelter): \$300 Resident, \$375 Non-resident

### Commodore Park

Small Areas (Areas 1-3): \$85 Resident, \$107 Non-resident

### Grundy Park

Small Area (Area 1): \$85 Resident, \$107 Non-resident

## Off Peak Rental Rates (November 1-February 28)

### San Bruno City Park

Small Areas (Areas 1-6 & 8-11): \$40 Resident, \$50 Non-resident  
 Medium Areas (Areas 7 & 12): \$50 Resident, \$63 Non-resident  
 Large Area: \$150 Resident, \$188 Non-resident

### Commodore Park

Small Areas (Areas 1-3): \$40 Resident, \$50 Non-resident

### Grundy Park













































































Small Area (Area 1): \$40 Resident, \$50 Non-resident















## Alcohol Permit: \$10

## Picnic Rental Policy

Picnic reservations can now be made up to 1 year in advance.

For example, when August is complete, picnic area reservations for the following August will be taken.

| Park                       | Location                           | Acres | Amenities   |  |   |  |   |   |   |   |   |   |
|----------------------------|------------------------------------|-------|---|--|---|--|---|---|---|---|---|---|
| Bayshore Circle Park       | N. Bayshore Circle                 | 1     |   |  |    |  |    |    |   |   |   |    |
| Belle Air Field/Lions Park | S. End 1st & 3rd Aves.             | 3     |    |    |   |  |    |    |   |   |   |   |
| Buckeye Park               | Rosewood Dr. near Madison Ave.     | 7     |   |    |    |  |   |    |   |    |   |   |
| Catalpa Tot Lot            | Catalpa near Fleetwood             |       |   |  |   |  |   |   |   |   |   |   |
| City Park                  | Crystal Springs @ Oak Aves.        | 31    |  |  |  |  |  |  |  |  |  |   |
| Commodore Park             | Commodore Dr. @ Cherry Ave.        | 4     |  |  |  |  |   |  |  |   |  |   |
| Crestmoor High Fields      | Top of Courtland Dr.               | 12    |  |  |   |  |  |   |  |  |  |  |
| Earl & Glenview Park       | Earl Ave. @ Glenview Dr.           | 2     |   |  |   |  |   |   |   |   |   |   |
| Fleetwood Tot Lot          | Fleetwood near Rollingwood Dr.     | 1/2   |   |  |  |  |   |  |   |   |   |  |
| Forest Lane Park           | Forest Ln. @ Green Ave.            | 4     |   |  |  |  |   |  |   |  |   |  |
| Grundy Park                | Cherry & Park Aves.                | 4     |   |  |  |  |  |  |  |  |  |  |
| Herman Tot Lot             | Diamond & Herman Sts.              | 1/4   |   |  |  |  |   |  |   |   |   |   |
| Lomita Park                | 500 San Anselmo Ave.               | 1/4   |   |  |  |  |   |  |   |   |   |   |
| Monte Verde Park           | Oakmont @ Evergreen Drs.           | 5     |   |  |  |  |  |   |   |   |   |   |
| Pacific Heights Park       | Longview @ Goodwin Drs.            | 5     |  |  |  |  |  |  |   |   |   |  |
| Ponderosa Park             | Pacific Heights Blvd @ Seaciff Way | 1/4   |   |  |  |  |  |  |   |   |   |   |
| Posy Park                  | San Mateo @ Huntington Aves.       | 1/4   |   |  |  |  |   |   |   |   |   |   |
| 7th Avenue Park            | 7th @ Angus Aves.                  | 1/2   |   |  |  |  |  |   |   |  |   |   |
| 7th & Walnut               | 7th @ Walnut Aves.                 | 1     |   |  |  |  |  |   |   |  |   |  |

 Picnic Tables 
  Track 
  Dog Run 
  Water 
  Baseball Diamond 
  Restrooms 
  Soccer 
  Benches 
  Tennis Courts 
  Basketball Courts 
  Exercise Course 
  5 & Under Equipment 
  5-12 Years Equipment 
  Barbecues

# Facility Rental Information

Facilities are available for reservation at the San Bruno Veterans Memorial Recreation Center and San Bruno City Park. Apply in person at the Recreation Center Office located in San Bruno City Park, 251 City Park Way, Monday through Thursday from 8:30am to 8:30pm, Friday from 8:30am to 4:30pm, and Saturday from 9:30am to 12:30pm. For further information, call (650) 616-7180.

## **Veterans Memorial Recreation Center Meeting Room Rental Fees**

Maximum of 140 people  
1st Four Hours: \$252 Resident, \$316 Non-resident  
Each Additional Hour: \$63 Resident, \$79 Non-resident  
Set Up/Break Down/Cleaning: \$200  
Cleaning/Security Deposit: \$400  
Kitchen Included

## **Veterans Memorial Recreation Center Conference Room Rental Fees**

Maximum of 20 people  
\$15 Resident, \$18 Non-resident (per hour)  
(cleaning/security deposit): \$100

## **Community Room**

\$50 Resident, \$63 Non-resident (per hour)  
\$200 Deposit  
\$100 Cleaning Fee

## **San Bruno Senior Center**

Nestled in the natural setting of San Bruno Park, the San Bruno Senior Center offers nearly 5,000 square feet of floor space in the multipurpose room. Reservations must be made at the Senior Center, Monday through Friday from 8:30am-3:30pm. For further information, call Wendy Mines, Recreation Services Manager, at (650) 616-7151.

## **Veterans Memorial Recreation Center Gymnasium Rental Fees**

(Per Hour): \$100 Resident, \$125 Non-resident  
(cleaning/security deposit): \$100  
No Food Allowed

## **Rotary Pavilion at City Park**

\$50 Resident, \$63 Non-resident (per hour)  
\$100 Deposit  
Maximum of 50 persons in attendance.  
No amplified music or sound.

## **Library - Lower Level**

\$50 Resident, \$63 Non-resident (per hour)  
\$200 Deposit  
\$100 Cleaning Fee

## **Athletic Fields**

\$30 per Hour  
Additional cost for lights if using after dark.  
Call 650-616-7182 for field availability.

## **Tennis Courts at City Park**

\$30 per court (four hour minimum)

## **San Bruno Park Pool (June - August)**

Fridays, Saturdays & Sundays from 4:30-6:30  
\$120 Resident, \$150 Non-resident (per hour)  
Over 50 Swimmers additional \$20 per hour  
Additional rental of small pool \$20 per hour

**Thank you to our friends and neighbors from  
Central Peninsula Church  
for the fresh paint in the  
San Bruno Park Gymnasium and  
the brand new fence  
at Catalpa Park!**



# Community Information

## Drop In Gym

**Mondays & Wednesdays - Basketball**  
**Gym will reopen April 2!**

San Bruno's Gymnasium is located at  
251 City Park Way

*(Participants must show proof of age by valid California ID or Drivers' License or School ID).*

\$4-Adult Open Play  
Basketball  
17 & Over  
7:30-9:15pm

\$2-Youth Open Play  
Basketball  
16 & Under  
6:30-7:30pm

This schedule is subject to change for  
special events & holidays

## Exercise Room

**San Bruno Residents Only**

The San Bruno Exercise Room is located at the front of the Veterans Memorial Recreation Center. The room is 625 square feet, has natural sun light and fresh air circulation. Equipment includes a Universal Weight Lifting Machine, Olympic bench press, free weights, exercycle, treadmill, Stairmaster, Smith Glide Machine, Leg Curl/Extension machine, and dumbbells. Users must register at time of first use and carry San Bruno issued I.D. Card whenever using the facility. Please note: only San Bruno residents over the age of 18 are permitted to use the exercise room. All exercise room hours are coed.

### Hours of Operation:

Monday-Thursday: 8am-9pm  
Friday: 8am-5pm  
Saturday: 9am-1pm

Cost: \$4 one day pass  
\$24 per month  
\$95 per 6 months

## Youth Enhancement Scholarship Fund

The San Bruno Community Services Department is proud to offer scholarship programs for children with little resources and who want to learn something new, meet new friends, and have a positive role model from a teacher or recreation leader. We believe that recreation strengthens safety and security, promotes health and wellness and fosters human development. You could partner with us by helping to make San Bruno a better place for our children. Contribute to the Youth Enhancement Scholarship Program by giving any amount you wish when you register. Thank you for helping to make a difference in a child's life through recreation. If you are interested in receiving an application to receive a scholarship to participate in a recreation class or program, please call 650-616-7182.



Please join the City of San Bruno's Beautification Task Force  
and Recology San Bruno for

**Operation Clean Sweep ~ Saturday, May 5, 2012**

- Litter Clean-up
- Painting
- Planting Projects
- Recycling



Rain or Shine!

Thank You Gift  
Lunch Provided

Check-in at 9:00 a.m. at San Bruno City Park,  
near the Rotary Pavilion (Gazebo).

For more information, please call 650-616-7145.  
Register on-line at [www.sanbruno.ca.gov](http://www.sanbruno.ca.gov)



# Community Information

## Commodore Dog Park

Located at Commodore Dr. @ Cherry Ave.

Dogs are not allowed in any San Bruno Parks besides the Dog Park. The Dog Park is open year round from 7:00am until dusk.

A Dog Park Guide is available on the City's website at [www.sanbruno.ca.gov/parks\\_main.asp](http://www.sanbruno.ca.gov/parks_main.asp) and contains information on Peninsula areas that allow dogs and the amenities that are available.



## Summer Baseball League

Boys & Girls  
7-9 years old  
10-12 years old  
Sign-Ups  
Saturday, April 28  
10:00am-1:00pm @

Veterans Memorial Recreation Center  
This FREE program is sponsored by the San Francisco Giants.

Must be in the age group by August 1<sup>st</sup>.  
Bring copy of child's birth certificate to registration.  
Questions? Call Lorry Greenberg - (650) 873-0856



## SAN BRUNO AYSO REGISTRATION DATES

Located at the  
San Bruno Recreation Center  
251 City Park Way

**Wednesday, April 18**  
6:30 p.m. - 8:30 p.m.

**Saturday, May 12**  
9:00 a.m. - 3:00 p.m.

**Wednesday, May 23**  
6:30 p.m. - 8:30 p.m.

**Saturday, June 2**  
9:30 a.m. - 1:30 p.m.

**Sunday, June 3**  
12:00 p.m. - 4:30 p.m.

For more information, contact AYSO at  
650-873-2976 or visit [www.sanbrunoayso.org](http://www.sanbrunoayso.org)

## Advertise your business with the San Bruno Community Services Dept!

The Community Services Department is accepting advertisement in the Activity Guides. 14,000 Guides are printed and distributed three times per year (April, August, November) and distributed via bulk mail to every address in San Bruno. The Guides are also available at the Recreation Center, Senior Center, City Hall and Library.

Contact Danielle Brewer at 650-616-7182 or [dbrewer@sanbruno.ca.gov](mailto:dbrewer@sanbruno.ca.gov) if you are interested or would like additional information.

| Size  | 1 Issue | 3 Issues |
|---|---------|----------|
| Inside Back Cover<br>(10 x 7.5 - Color)       | \$500   | \$1,250  |
| Full Page Inside<br>(10 x 7.5 Black & White)  | \$400   | \$1,000  |
| 1/2 Page Inside<br>(5 x 7.5 Black & White)    | \$250   | \$625    |
| 1/4 Page Inside<br>(4.25 x 3.5 Black & White) | \$150   | \$375    |
| Business Card<br>(2 x 3 Black & White)        | \$90    | \$225    |



# Summer Special Events



**Concerts at the  
Rotary Pavilion**

**Friday Evenings  
6:00pm**

**in San Bruno City Park**

August 3

Just For Kicks - Classic Rock

August 10

Department of Rock - Party Rock

August 17

Double Funk Crunch - 70's, 80's, 90's & Current

August 24

West Bay Rhythm - Motown

August 31

Dave Crimmen - Rockabilly



The City of San Bruno and  
The Culture & Arts Commission  
present



**Movies in  
City Park**

Fridays in September  
San Bruno City Park near the tennis courts  
Check the 2012 Fall Activity Guide  
for more information or  
call 650-616-7017

## **Youth Triathlon: Splash, Speed & Dash**

Join us for our second annual Kid's Triathlon! Bring your swimsuit, bike and sneakers and enjoy a day of races in San Bruno City Park. Youth ages 5-15 can take part in this exciting event and receive a t-shirt just for participating. After registration, participants will receive detailed information on what they will need the day of the event. For more information please contact Jennie at 616-7184. We must have a minimum of 15 participants by Monday, July 16. Register by July 16 to secure a t-shirt size! Registration taken after July 16 are not guaranteed a t-shirt. No registration will be taken the day of the event.

Cost: \$18 on or before July 16, \$25 after July 16

Date: Saturday, July 28

Time: 8:30am start time

| Code     | Ages  | Swim      | Bike      | Run      |
|----------|-------|-----------|-----------|----------|
| 3430.301 | 5-7   | 25 yards  | 1 mile    | .75 mile |
| 3430.302 | 8-9   | 50 yards  | 2 miles   | 1 mile   |
| 3430.303 | 10-15 | 150 yards | 2.5 miles | 1.5 mile |



## **Lifeguard Training Class**

This course, based on the American Red Cross Lifeguarding Program, will certify students in Lifeguarding, CPR and AED for the Professional Rescuer, and First Aid. Students must be 15 years of age by the last day of class and pass a swim pre-test (swim 300 yards continuously, retrieve a 10 pound brick from 10 feet and return it to designated spot). Attendance at all meetings is required for certification. Ages 15-over.

Cost: \$185 per person

Location: San Bruno Park Pool

Session 2

|          |     |              |           |
|----------|-----|--------------|-----------|
| 0901.102 | Sun | 12:00-5:00pm | 5/13      |
|          | M-F | 4:00-9:00pm  | 5/14-5/18 |

Session 3

|          |     |              |           |
|----------|-----|--------------|-----------|
| 0901.103 | Sun | 12:00-5:00pm | 5/20      |
|          | M-F | 4:00-9:00pm  | 5/21-5/25 |

# Summer Special Events

## Clean Sweep Flea Market

Sunday, July 29

(code 5553.301)

Sunday, September 9

(code 5553.302)

9:00 am - 4:00 pm  
in San Bruno City Park

### Per Flea Market

\$38 Resident, \$48 Non-resident

Here is a chance for families to rent a 10' x 20' space in San Bruno City Park to sell furniture, records, clothing, sporting goods, and more. The San Bruno Community Services Department reserves the right to refuse any item offered for sale. All unsold goods must be removed by the seller no later than 5pm.



To reserve your space, return registration form and payment to:

Flea Market  
San Bruno Recreation Center  
567 El Camino Real  
San Bruno, CA 94066

For additional information, contact  
650-616-7180.

Firefighters Pancake  
Breakfast

Sunday, July 29

8:00am-11:00am

A fundraiser for the  
Firefighters Association  
Charitable Fund.

## Family Overnight in San Bruno City Park

Cost: \$12 per person

Fri, 9/21 @ 6pm to Sat, 9/22 @ 9am

Code: 5597.301

Bring your family out to San Bruno City Park and enjoy a hot dog BBQ, watch a movie in the park and then sleep over in your tent. Each family should bring a tent to sleep in, sleeping bags, flashlights, and warm clothes. All children under 18 years of age must be accompanied by an adult. For more information, contact Jennie at 616-7184. Must have a minimum of 50 participants by Friday, September 14. Register Early!



*San Mateo County*



Saturday, May 5, 2012

• Be Active • Be Healthy •

Join the free activities and events in  
San Bruno City Park from 11am-1pm!

# Summer Camp

## Mini Kaleidoscope

### Ages 3<sup>1/2</sup>-5 years

Mini Kaleidoscope campers...get ready for some fun!!! Campers will explore the thrill and fascination of exploring the world around them. Children will enjoy arts & crafts, games, camp songs, special events, magic shows, and more. Activities for each week will be focused around a special theme. A weekly schedule will be distributed to each camper on the first day of each session. Morning or full day sessions are available. Children should bring a bag lunch every day unless otherwise noted on the session schedule. Cost includes Camp T-shirt and all supplies. Participants must have Health Information Form on file PRIOR to participation in camp. Extended care available. We are now accepting children 3<sup>1/2</sup>-5 years old (Children born on or before December 15, 2008 through entering Kindergarten). All children must be potty trained, no exceptions. No camp 7/4. Enrollment for each camp session closes the Saturday prior to the upcoming weekly camp session. **A \$20 late fee will be charged for those who need camp on the Monday of each camp session. Summer camp orientation night: June 6 - see bottom of this page for details.**

Cost: See below for session pricing and special offers  
Location: San Bruno City Park, Tots Room  
Leaders: Recreation Leaders

Sign up before July 1 and receive 10% off registration for your second child in the same household!

#### MORNING SESSION ONLY

Cost: \$84 Resident, \$99 Non-resident

**(Session 4 only)** \$71 Resident, \$86 Non-resident

|                                 |     |          |           |
|---------------------------------|-----|----------|-----------|
| Morning Session 1               |     |          |           |
| 2600.301                        | M-F | 10am-1pm | 6/11-6/15 |
| Morning Session 2               |     |          |           |
| 2600.302                        | M-F | 10am-1pm | 6/18-6/22 |
| Morning Session 3               |     |          |           |
| 2600.303                        | M-F | 10am-1pm | 6/25-6/29 |
| Morning Session 4 (No camp 7/4) |     |          |           |
| 2600.304                        | M-F | 10am-1pm | 7/2-7/6   |
| Morning Session 5               |     |          |           |
| 2600.305                        | M-F | 10am-1pm | 7/9-7/13  |
| Morning Session 6               |     |          |           |
| 2600.306                        | M-F | 10am-1pm | 7/16-7/20 |
| Morning Session 7               |     |          |           |
| 2600.307                        | M-F | 10am-1pm | 7/23-7/27 |
| Morning Session 8               |     |          |           |
| 2600.308                        | M-F | 10am-1pm | 7/30-8/3  |
| Morning Session 9               |     |          |           |
| 2600.309                        | M-F | 10am-1pm | 8/6-8/10  |
| Morning Session 10              |     |          |           |
| 2600.310                        | M-F | 10am-1pm | 8/13-8/17 |

#### FULL DAY SESSION

Cost: \$142 Resident, \$157 Non-resident

**(Session 4 only)** \$117 Resident, \$132 Non-resident

|                                  |     |          |           |
|----------------------------------|-----|----------|-----------|
| Full Day Session 1               |     |          |           |
| 2601.301                         | M-F | 10am-4pm | 6/11-6/15 |
| Full Day Session 2               |     |          |           |
| 2601.302                         | M-F | 10am-4pm | 6/18-6/22 |
| Full Day Session 3               |     |          |           |
| 2601.303                         | M-F | 10am-4pm | 6/25-6/29 |
| Full Day Session 4 (No camp 7/4) |     |          |           |
| 2601.304                         | M-F | 10am-4pm | 7/2-7/6   |
| Full Day Session 5               |     |          |           |
| 2601.305                         | M-F | 10am-4pm | 7/9-7/13  |
| Full Day Session 6               |     |          |           |
| 2601.306                         | M-F | 10am-4pm | 7/16-7/20 |
| Full Day Session 7               |     |          |           |
| 2601.307                         | M-F | 10am-4pm | 7/23-7/27 |
| Full Day Session 8               |     |          |           |
| 2601.308                         | M-F | 10am-4pm | 7/30-8/3  |
| Full Day Session 9               |     |          |           |
| 2601.309                         | M-F | 10am-4pm | 8/6-8/10  |
| Full Day Session 10              |     |          |           |
| 2601.310                         | M-F | 10am-4pm | 8/13-8/17 |

Sign up for all 10 sessions and receive a 15% discount!

Code: 2600.311- Morning Session Only  
\$703 Resident, \$831 Non-resident

Code: 2601.311 - Full Day Session  
\$1,187 Resident, \$1,321 Non-resident

No Refunds Allowed for Individual Sessions.

#### Summer Camp Parent Orientation Night

Join us to meet your child's camp counselor. Ask questions you may have about your child's upcoming camp experience, hear testimony's from camp parents who have sent their child to camp. This night is optional and not required for a parent to attend.

Location: Recreation Center Community Room  
Instructor: Recreation Services Camp Staff  
Day/Times: Wed, June 6<sup>th</sup> 7:00pm-8:30pm



# Summer Camp

## Camp Kaleidoscope

### Ages 6-10 years old (or entering 1<sup>st</sup> Grade)

Camp will offer youth, ages 6-10 years old, a wide range of activities to keep them active during the summer months. There will be ten sessions of camp, each one week in length. Five sessions will have a featured field trip and all ten sessions will have a featured special event, a day of swimming at the San Bruno Park Pool and more! All costs, including transportation by charter bus for the featured trip, are included in the cost of the camp program. Children will also enjoy activities such as arts & crafts, outdoor games, indoor games, music & drama, special events, cooking projects, bowling, movies, swimming, hiking, and much more. A schedule will be given out the first day of each session. Children will be divided into age groups. Each group will be assigned a leader and a junior leader or leader in training. Each day, campers should bring a bag lunch, and wear tennis shoes and a sweatshirt. Cost Includes: Camp T-shirt, field trip fees, and all supplies! Please be sure all items are clearly labeled with the camper's name. Participants must have a Health Information Form on file PRIOR to participation in camp. Extended care available. No camp 7/4. Enrollment for each camp session closes the Saturday prior to the upcoming weekly camp session. **A \$20 late fee will be charged for those who need camp on the Monday of each camp session. Summer camp orientation night: June 6 - see bottom of page 11 for details.**

Cost: See below for session pricing and special offers

Location: San Bruno City Park

Leaders: Recreation Staff

Sign up before July 1 and receive 10% off registration for your second child in the same household!

#### REGULAR CAMP SESSION

Cost: \$142 Resident, \$157 Non-resident

Session 1

3607.301 M-F 10am-4pm 6/11-6/15

Session 3

3607.303 M-F 10am-4pm 6/25-6/29

Session 5

3607.305 M-F 10am-4pm 7/9-7/13

Session 7

3607.307 M-F 10am-4pm 7/23-7/27

Session 9

3607.309 M-F 10am-4pm 8/6-8/10

Sign up for all 10 sessions and receive a 15% discount!

\$1,274 Resident, \$1,402 Non-resident

Code: 3607.311

No Refunds Allowed for Individual Sessions.

#### Minimum 3 Days

#### Rates for

#### Mini Kaleidoscope, Camp Kaleidoscope & Adventure Camp

\$39 per day resident

\$49 per day non-resident

Must be pre-registered five (5) days prior (Wednesday) to session start day.

No discounts apply

#### FIELD TRIP CAMP SESSION

Cost: \$165 Resident, \$180 Non-resident

**(Session 4 only):** \$134 Resident, \$149 Non-resident

Session 2 - Exploratorium - San Francisco

3607.302 M-F 10am-4pm 6/18-6/22

Session 4 - Malibu Golf & Games - RWC (No Camp 7/4)

3607.304 M-F 10am-4pm 7/2-7/6

Session 6 - Pump It Up - Belmont

3607.306 M-F 10am-4pm 7/16-7/20

Session 8 - Happy Hollow Zoo & Park - San Jose

3607.308 M-F 10am-4pm 7/30-8/3

Session 10 - Aqua Adventures Water Park - Fremont

3607.310 M-F 10am-4pm 8/13-8/17

#### Swim Lessons Escort from Camp!

Are you interested in your child taking swim lessons during our PM extended camp program? One of our Summer Camp leaders will take your child to and from the San Bruno Park Pool during PM camp. **Enroll your child into the two-week swim lesson as well as PM camp for both weeks along with this escort service.** See aquatic schedule and PM camp sessions for more details. Must attend camp the full two weeks of the swim lessons.

Cost: \$20 Resident, \$25 Non-Resident

Staff: Recreation Leaders

Code:

3720.301 Swim Session 1 M-Th 6/11-6/21

3720.302 Swim Session 2 M-Th 6/25-7/5

3720.303 Swim Session 3 M-Th 7/9-7/19

3720.304 Swim Session 4 M-Th 7/23-8/2

3720.305 Swim Session 5 M-Th 8/6-8/16

# Summer Camp

## Adventure Camp Ages 11-13 years

Sign up before July 1 and receive 10% off registration for your second child in the same household!

Come join the excitement of Adventure Camp with the San Bruno Parks and Recreation Services Department. Adventure Camp provides a fun and exciting experience for teens ages 11-13. Leaders provide a safe environment that helps teens develop social skills and appreciation for the environment. A regular weekly schedule may include field trips such as movies, bowling, ice skating, miniature golf, swimming, pizza parties, and featured trips. Camp participants will meet in San Bruno City Park in the Rotary Pavilion area daily. Transportation for local trips will be by Sam Trans or walking. A schedule will be provided on the first day of each session. Cost includes a Camp T-shirt, field trip fees, and all supplies! Participants must have a Health Information Form on file PRIOR to participation in camp. Extended care available. No Camp 7/4. Enrollment for each camp session closes the Saturday prior to the upcoming weekly camp session. **A \$20 late fee will be charged for those who need camp on the Monday of each camp session. Summer camp orientation night: June 6 - see bottom of page 11 for details.**

Cost: See below for session pricing and special offers

Location: San Bruno City Park, Rotary Pavilion area

Leaders: Recreation Staff

### REGULAR CAMP SESSION

Cost: \$153 Resident, \$168 Non-resident

Session 1

4600.301 M-F 10:00am-4:00pm 6/11-6/15

Session 3

4600.303 M-F 10:00am-4:00pm 6/25-6/29

Session 5

4600.305 M-F 10:00am-4:00pm 7/9-7/13

Session 7

4600.307 M-F 10:00am-4:00pm 7/23-7/27

Session 9

4600.309 M-F 10:00am-4:00pm 8/6-8/10

### FIELD TRIP CAMP SESSION

Cost: \$179 Resident, \$194 Non-resident

**(Session 4 only)** \$145 Resident, \$160 Non-resident

Session 2 - Exploratorium - San Francisco

4600.302 M-F 10:00am-4:00pm 6/18-6/22

Session 4 - Great America - No Camp 7/5

4600.304 M-F 10:00am-4:00pm 7/2-7/6

Session 6 - House of Air - San Francisco

4600.306 M-F 10:00am-4:00pm 7/16-7/20

Session 8 - San Francisco Giants Game

4600.308 M-F 10:00am-4:00pm 7/30-8/3

Session 10 - Aqua Adventures Water Park - Fremont

4600.310 M-F 10:00am-4:00pm 8/13-8/17

### Morning & Afternoon Camp Plus!

Extended Care is designed for parents who need additional care or for campers who just can't get enough camp. Campers will play games, make arts and crafts, and play at the park. Extended Care is open to children enrolled in Camp Kaleidoscope, Mini Kaleidoscope, and Adventure Camp. No Camp 7/4.

Cost: \$30 Residents, \$38 Non-residents

**(Session 4 only)** \$24 Resident, \$30 Non-resident

Location: San Bruno City Park, Community Room

Leaders: Recreation Staff

Sign up for all 10 sessions and receive a 15% discount.

\$250 Resident, \$316 Non-res

Code: 3608.311 (Morning)

Code: 3606.311 (Afternoon)

Daily Drop In (per day & session)

\$7 Resident, \$9 Non-resident

|            | Morning Extended 7:30-10am |           | Afternoon Extended 4-6pm |           |
|------------|----------------------------|-----------|--------------------------|-----------|
| Session 1  | 3608.301                   | 6/11-6/15 | 3606.301                 | 6/11-6/15 |
| Session 2  | 3608.302                   | 6/18-6/22 | 3606.302                 | 6/18-6/22 |
| Session 3  | 3608.303                   | 6/25-6/29 | 3606.303                 | 6/25-6/29 |
| Session 4  | 3608.304                   | 7/2-7/6   | 3606.304                 | 7/2-7/6   |
| Session 5  | 3608.305                   | 7/9-7/13  | 3606.305                 | 7/9-7/13  |
| Session 6  | 3608.306                   | 7/16-7/20 | 3606.306                 | 7/16-7/20 |
| Session 7  | 3608.307                   | 7/23-7/27 | 3606.307                 | 7/23-7/27 |
| Session 8  | 3608.308                   | 7/30-8/3  | 3606.308                 | 7/30-8/3  |
| Session 9  | 3608.309                   | 8/6-8/10  | 3606.309                 | 8/6-8/10  |
| Session 10 | 3608.310                   | 8/13-8/17 | 3606.310                 | 8/13-8/17 |

Sign up for all 10 sessions and receive a 15% discount!

\$1,382 Resident,

\$1,510 Non-resident

Code: 4600.311

No Refunds Allowed for Individual Sessions.



# Aquatics

Swimming Pool Phone Number (650) 616-7191

## 2012 Season: June 11 - September 2

The San Bruno City Park Pool is located at Crystal Springs and Oak Avenues in San Bruno City Park, adjacent to the Veteran's Memorial Building. The pool is an "L" shape, 25x20 yards, 3 to 10 feet deep, and heated to approximately 83 degrees. The facility also has a toddler pool approximately 1 foot deep. Each child utilizing the toddler pool must be accompanied and directly supervised by a paying adult. If special assistance is needed, please notify the Pool Staff. For list of pool rules see our website at [www.sanbruno.ca.gov\\_parks\\_sbpool.html](http://www.sanbruno.ca.gov_parks_sbpool.html).

## Schedules and Programs

### June 11 - August 19

| Monday                                 | Tuesday                                | Wednesday                              | Thursday                               | Friday                                 | Saturday                                | Sunday                                  |
|--|--|--|--|--|---|---|
| <b>Lap Swim</b><br>6:30am-7:45am       | <b>Lap Swim</b><br>6:30am-7:45am       | <b>Lap Swim</b><br>6:30am-7:45am       | <b>Lap Swim</b><br>6:30am-7:45am       | <b>Lap Swim</b><br>6:30am-7:45am       | <b>Water Aerobics</b><br>9:30am-10:30am | <b>Water Aerobics</b><br>9:30am-10:30am |
| <b>Water Aerobics</b><br>8:00am-9:00am | <b>Water Aerobics</b><br>8:00am-9:00am | <b>Water Aerobics</b><br>8:00am-9:00am | <b>Water Aerobics</b><br>8:00am-9:00am | <b>Water Aerobics</b><br>8:00am-9:00am | <b>Lap Swim</b><br>10:45am-12:45pm      | <b>Lap Swim</b><br>10:45am-12:45pm      |
| <b>Rec Swim</b><br>1:00pm-3:30pm       | <b>Rec Swim</b><br>1:00pm-3:30pm       | <b>Rec Swim</b><br>1:00pm-3:30pm       | <b>Rec Swim</b><br>1:00pm-3:30pm       | <b>Rec Swim</b><br>1:00pm-3:30pm       | <b>Rec Swim</b><br>1:00pm-4:00pm        | <b>Rec Swim</b><br>1:00pm-4:00pm        |
| <b>Water Aerobics</b><br>7:05pm-8:05pm | <b>Water Aerobics</b><br>7:05pm-8:05pm | <b>Water Aerobics</b><br>7:05pm-8:05pm | <b>Water Aerobics</b><br>7:05pm-8:05pm |  |   |   |
| <b>Lap Swim</b><br>8:15pm-9:15pm       | <b>Lap Swim</b><br>8:15pm-9:15pm       | <b>Lap Swim</b><br>8:15pm-9:15pm       | <b>Lap Swim</b><br>8:15pm-9:15pm       |  |   |   |

### August 20 - September 2

| Monday                          | Tuesday                         | Wednesday                       | Thursday                        | Friday | Saturday                         | Sunday                           |
|---------------------------------|---------------------------------|---------------------------------|---------------------------------|--------|----------------------------------|----------------------------------|
| Water Aerobics<br>7:05pm-8:05pm | Water Aerobics<br>7:05pm-8:05pm | Water Aerobics<br>7:05pm-8:05pm | Water Aerobics<br>7:05pm-8:05pm |        | Water Aerobics<br>9:30am-10:30am | Water Aerobics<br>9:30am-10:30am |
| Lap Swim<br>8:15pm-9:15pm       | Lap Swim<br>8:15pm-9:15pm       | Lap Swim<br>8:15pm-9:15pm       | Lap Swim<br>8:15pm-9:15pm       |        | Lap Swim<br>10:45am-12:45pm      | Lap Swim<br>10:45am-12:45pm      |
|                                 |                                 |                                 |                                 |        | Rec Swim<br>1:00pm-4:00pm        | Rec Swim<br>1:00pm-4:00pm        |

All lap swim passes and water aerobic passes issued in 2012 must be used during the 2012 summer swim season.

### Recreational Swim

Children under 10 must be accompanied by a paying adult.

Fees:

0-2 years: Free

3-54 years: \$3

55-over: \$2.50

Family (up to 5 people): \$12

25 Use Pass: \$62.50

50 Use Pass: \$125

Season Pass: \$280 R, \$295 NR

### Water Aerobics

Ages 12 & over

Fees:

Drop-In: \$4.50

10 Use Pass: \$40 R, \$42 NR

Season Pass: \$200 R, \$215 NR

### Lap Swim

(All swimmers must swim laps)

Fees:

Drop In: \$4

10 Use Pass: \$35 R, \$38 NR

Season Pass: \$145 R, \$160 NR

### Water Aerobics & Lap Swim Pass

Ages 12 & over

Fees: Season Pass: \$270 R, \$285 NR

### Swimming Pool Rental

The Swimming Pool is available for private parties on Fridays, Saturdays and Sundays during the season after 4:00pm. Apply in person at the Recreation Center Office. For further information, call (650) 616-7180.





# Aquatics

## Swimming Lessons

Cost: \$56 Residents, \$70 Non-residents (Mon-Thurs for two weeks-8 classes) \*No class 7/4 (price adjusted).

**Monday-Thursday group lessons** will consist of eight half hour swim lessons with either six or seven children and one teacher.

**Private lessons** will consist of four half hour lessons, with one child and one teacher. Prices and times for private lessons are on [page 18](#).

If you have any questions regarding the lesson, feel free to call Jennie Tucker, Recreation Supervisor, at (650) 616-7184 or after June 11, call San Bruno Park Pool at (650) 616-7191.

## Lessons For 6 Months To 3-Year Olds

### Pre-Tiny Tots (parent/guardian involvement mandatory)

The Pre-Tiny Tot class is designed for children 6 - 35 months (6 months to 2 years 11 months) and their parent/adult. This class is held in the big pool and will teach adults basic water adjustment and safety skills for their children. This is an orientation to swim lessons.

| Days | Times         | Session 1<br>6/11-6/21 | Session 2*<br>6/25-7/5 | Session 3<br>7/9-7/19 | Session 4<br>7/23-8/2 | Session 5<br>8/6-8/16 | Session 6<br>8/20-8/30 |
|------|---------------|------------------------|------------------------|-----------------------|-----------------------|-----------------------|------------------------|
| M-Th | 10:45-11:15am | 1401.301               | 1401.302               | 1401.303              | 1401.304              | 1401.305              |                        |
| M-Th | 5:25-5:55pm   | 1402.301               | 1402.302               | 1402.303              | 1402.304              | 1402.305              | 1402.306               |



### Tiny Tots (no parent/guardian involvement)

The Tiny Tots classes are for children comfortable in a structured class setting with no parent involvement. This entry-level class is taught primarily in 1 foot of water and will teach the toddlers to become comfortable in the water. 3 Year Olds Only.



| Days | Times         | Session 1<br>6/11-6/21 | Session 2*<br>6/25-7/5 | Session 3<br>7/9-7/19 | Session 4<br>7/23-8/2 | Session 5<br>8/6-8/16 | Session 6<br>8/20-8/30 |
|------|---------------|------------------------|------------------------|-----------------------|-----------------------|-----------------------|------------------------|
| M-Th | 10:15-10:45am | 1501.301               | 1501.302               | 1501.303              | 1501.304              | 1501.305              |                        |
| M-Th | 12:15-12:45pm | 1502.301               | 1502.302               | 1502.303              | 1502.304              | 1502.305              |                        |
| M-Th | 4:45-5:15pm   | 1503.301               | 1503.302               | 1503.303              | 1503.304              | 1503.305              | 1503.306               |
| M-Th | 5:25-5:55pm   | 1504.301               | 1504.302               | 1504.303              | 1504.304              | 1504.305              | 1504.306               |

### SUPER Tiny Tots (no parent/guardian involvement)

This class is designed for children ages 3 years old who are already comfortable in the water and can completely submerge their head under water. **This class will be taught in the big pool.** Children must have completed the Tiny Tot level and be comfortable in the big pool prior to enrolling. This is a perfect class for toddlers that can swim on their own, but are too young for the Level 1 class. 3 Year Olds Only.

| Days | Times         | Session 1<br>6/11-6/21 | Session 2*<br>6/25-7/5 | Session 3<br>7/9-7/19 | Session 4<br>7/23-8/2 | Session 5<br>8/6-8/16 | Session 6<br>8/20-8/30 |
|------|---------------|------------------------|------------------------|-----------------------|-----------------------|-----------------------|------------------------|
| M-Th | 11:45-12:15pm | 1601.301               | 1601.302               | 1601.303              | 1601.304              | 1601.305              |                        |
| M-Th | 5:25-5:55pm   | 1602.301               | 1602.302               | 1602.303              | 1602.304              | 1602.305              | 1602.306               |



# Aquatics

## Swimming Lessons

Cost: \$56 Residents, \$70 Non-residents (Mon-Thurs for two weeks-8 classes) \*No class 7/4 (price adjusted).

### Lessons For Ages 4 & Up

#### Level 1: Water Exploration

Prerequisite: 4 years old with little or no swimming experience. At this level, students will learn to put their face in the water and enjoy the water safely. To pass this level, children must swim 5 yards independently. The course is taught primarily in the 3 ½ foot area of the pool. Ages 4-over. (We recommend beginners 12 and older schedule an Adult Lesson or Private Lesson.)

| Days | Times           | Session 1<br>6/11-6/21 | Session 2*<br>6/25-7/5 | Session 3<br>7/9-7/19 | Session 4<br>7/23-8/2 | Session 5<br>8/6-8/16 | Session 6<br>8/20-8/30 |
|------|-----------------|------------------------|------------------------|-----------------------|-----------------------|-----------------------|------------------------|
| M-Th | 9:45-10:15am    | 0101.301               | 0101.302               | 0101.303              | 0101.304              | 0101.305              |                        |
| M-Th | 10:15-10:45am   | 0102.301               | 0102.302               | 0102.303              | 0102.304              | 0102.305              |                        |
| M-Th | 10:45-11:15am   | 0103.301               | 0103.302               | 0103.303              | 0103.304              | 0103.305              |                        |
| M-Th | 11:15-11:45am   | 0104.301               | 0104.302               | 0104.303              | 0104.304              | 0104.305              |                        |
| M-Th | 11:45am-12:15pm | 0105.301               | 0105.302               | 0105.303              | 0105.304              | 0105.305              |                        |
| M-Th | 12:15-12:45pm   | 0106.301               | 0106.302               | 0106.303              | 0106.304              | 0106.305              |                        |
| M-Th | 3:45-4:15pm     | 0107.301               | 0107.302               | 0107.303              | 0107.304              | 0107.305              |                        |
| M-Th | 4:15-4:45pm     | 0108.301               | 0108.302               | 0108.303              | 0108.304              | 0108.305              | 0108.306               |
| M-Th | 4:45-5:15pm     | 0109.301               | 0109.302               | 0109.303              | 0109.304              | 0109.305              | 0109.306               |
| M-Th | 5:25-5:55pm     | 0110.301               | 0110.302               | 0110.303              | 0110.304              | 0110.305              | 0110.306               |
| M-Th | 5:55-6:25pm     | 0111.301               | 0111.302               | 0111.303              | 0111.304              | 0111.305              | 0111.306               |
| M-Th | 6:25-6:55pm     | 0112.301               | 0112.302               | 0112.303              | 0112.304              | 0112.305              | 0112.306               |



#### Level 2: Primary Skills

Prerequisite: Completion of Level 1 or can swim 5 yards on their own. To pass this level, students must swim 20 yards of front crawl and 20 yard of back crawl. This class is often repeated. Ages 4-over.



| Days | Times         | Session 1<br>6/11-6/21 | Session 2*<br>6/25-7/5 | Session 3<br>7/9-7/19 | Session 4<br>7/23-8/2 | Session 5<br>8/6-8/16 | Session 6<br>8/20-8/30 |
|------|---------------|------------------------|------------------------|-----------------------|-----------------------|-----------------------|------------------------|
| M-Th | 9:45-10:15am  | 0201.301               | 0201.302               | 0201.303              | 0201.304              | 0201.305              |                        |
| M-Th | 10:15-10:45am | 0202.301               | 0202.302               | 0202.303              | 0202.304              | 0202.305              |                        |
| M-Th | 10:45-11:15am | 0203.301               | 0203.302               | 0203.303              | 0203.304              | 0203.305              |                        |
| M-Th | 11:45-12:15pm | 0204.301               | 0204.302               | 0204.303              | 0204.304              | 0204.305              |                        |
| M-Th | 12:15-12:45pm | 0205.301               | 0205.302               | 0205.303              | 0205.304              | 0205.305              |                        |
| M-Th | 3:45-4:15pm   | 0206.301               | 0206.302               | 0206.303              | 0206.304              | 0206.305              |                        |
| M-Th | 4:15-4:45pm   | 0207.301               | 0207.302               | 0207.303              | 0207.304              | 0207.305              | 0207.306               |
| M-Th | 4:45-5:15pm   | 0208.301               | 0208.302               | 0208.303              | 0208.304              | 0208.305              | 0208.306               |
| M-Th | 5:25-5:55pm   | 0209.301               | 0209.302               | 0209.303              | 0209.304              | 0209.305              | 0209.306               |
| M-Th | 5:55-6:25pm   | 0210.301               | 0210.302               | 0210.303              | 0210.304              | 0210.305              | 0210.306               |
| M-Th | 6:25-6:55pm   | 0211.301               | 0211.302               | 0211.303              | 0211.304              | 0211.305              | 0211.306               |

#### Level 3: Stroke Readiness

Prerequisite: Level 2 certificate or can swim 20 yards front crawl independently. Students must be able to tread water and be comfortable in deep water prior to enrollment. This class focuses on stroke and side breathing refinement. The course is taught in the 4-5 foot area of the pool. Ages 4-over.

| Days | Times         | Session 1<br>6/11-6/21 | Session 2*<br>6/25-7/5 | Session 3<br>7/9-7/19 | Session 4<br>7/23-8/2 | Session 5<br>8/6-8/16 | Session 6<br>8/20-8/30 |
|------|---------------|------------------------|------------------------|-----------------------|-----------------------|-----------------------|------------------------|
| M-Th | 9:45-10:15am  | 0301.301               | 0301.302               | 0301.303              | 0301.304              | 0301.305              |                        |
| M-Th | 11:15-11:45am | 0302.301               | 0302.302               | 0302.303              | 0302.304              | 0302.305              |                        |
| M-Th | 11:45-12:15pm | 0303.301               | 0303.302               | 0303.303              | 0303.304              | 0303.305              |                        |
| M-Th | 3:45-4:15pm   | 0304.301               | 0304.302               | 0304.303              | 0304.304              | 0304.305              |                        |
| M-Th | 4:15-4:45pm   | 0305.301               | 0305.302               | 0305.303              | 0305.304              | 0305.305              | 0305.306               |
| M-Th | 5:55-6:25pm   | 0306.301               | 0306.302               | 0306.303              | 0306.304              | 0306.305              | 0306.306               |
| Th   | 6:25-6:55pm   | 0307.301               | 0307.302               | 0307.303              | 0307.304              | 0307.305              | 0307.306               |



# Aquatics

## Swimming Lessons

Cost: \$56 Residents, \$70 Non-residents (Mon-Thurs for two weeks-8 classes) \*No class 7/4 (price adjusted).

### Level 4: Stroke Development

Prerequisite: Level 3 certificate. This class includes "lap swimming". Students must be able to swim 25 yards comfortably. Students continue to refine learned strokes and are introduced to breaststroke, sidestroke, and turning at the wall. The course is taught in the 5-10 foot area. Ages 6-over.

| Days | Times         | Session 1<br>6/11-6/21 | *Session 2<br>6/25-7/5 | Session 3<br>7/9-7/19 | Session 4<br>7/23-8/2 | Session 5<br>8/6-8/16 | Session 6<br>8/20-8/30 |
|------|---------------|------------------------|------------------------|-----------------------|-----------------------|-----------------------|------------------------|
| M-Th | 11:15-11:45am | 0401.301               | 0401.302               | 0401.303              | 0401.304              | 0401.305              |                        |
| M-Th | 12:15-12:45pm | 0402.301               | 0402.302               | 0402.303              | 0402.304              | 0402.305              |                        |
| M-Th | 4:15-4:45pm   | 0403.301               | 0403.302               | 0403.303              | 0403.304              | 0403.305              | 0403.306               |
| M-Th | 4:45-5:15pm   | 0404.301               | 0404.302               | 0404.303              | 0404.304              | 0404.305              | 0404.306               |
| M-Th | 6:25-6:55pm   | 0405.301               | 0405.302               | 0405.303              | 0405.304              | 0405.305              | 0405.306               |



### Level 5: Stroke Refinement

Prerequisite: Level 4 certificate. Students refine and gain endurance for key strokes and are introduced to butterfly and open turns. This course is taught in the lanes with a length of 25 yards. Ages 6-over.



| Days | Times         | Session 1<br>6/11-6/21 | *Session 2<br>6/25-7/5 | Session 3<br>7/9-7/19 | Session 4<br>7/23-8/2 | Session 5<br>8/6-8/16 | Session 6<br>8/20-8/30 |
|------|---------------|------------------------|------------------------|-----------------------|-----------------------|-----------------------|------------------------|
| M-Th | 10:15-10:45am | 0501.301               | 0501.302               | 0501.303              | 0501.304              | 0501.305              |                        |
| M-Th | 3:45-4:15pm   | 0502.301               | 0502.302               | 0502.303              | 0502.304              | 0502.305              |                        |
| M-Th | 5:25-5:55pm   | 0503.301               | 0503.302               | 0503.303              | 0503.304              | 0503.305              | 0503.306               |

### Level 6: Swimming & Skill Proficiency

Prerequisite: Level 5 certificate and all strokes are refined. Students will polish strokes to swim with more ease, efficiency, power, and smoothness over greater distances. Introduces additional turns (flip turns and backstroke turns). Ages 6-over.

| Days | Times        | Session 1<br>6/11-6/21 | *Session 2<br>6/25-7/5 | Session 3<br>7/9-7/19 | Session 4<br>7/23-8/2 | Session 5<br>8/6-8/16 | Session 6<br>8/20-8/30 |
|------|--------------|------------------------|------------------------|-----------------------|-----------------------|-----------------------|------------------------|
| M-Th | 9:45-10:15am | 0601.301               | 0601.302               | 0601.303              | 0601.304              | 0601.305              |                        |
| M-Th | 5:55-6:25pm  | 0602.301               | 0602.302               | 0602.303              | 0602.304              | 0602.305              | 0602.306               |



### Fitness Swim/Pre-Swim Team

Prerequisite: Level 6 certificate and refined strokes. This is the perfect class for someone who has passed Level 6 but still wants to improve their endurance. This also is a good class for someone on a swim team who wants to practice in the off season. This class will be conducted like a swim team practice. Students will be expected to know all strokes and will be swimming laps the entire 30 minutes. Ages 6-over.

| Days | Times       | Session 1<br>6/11-6/21 | *Session 2<br>6/25-7/5 | Session 3<br>7/9-7/19 | Session 4<br>7/23-8/2 | Session 5<br>8/6-8/16 | Session 6<br>8/20-8/30 |
|------|-------------|------------------------|------------------------|-----------------------|-----------------------|-----------------------|------------------------|
| M-Th | 9:15-9:45am | 0701.301               | 0701.302               | 0701.303              | 0701.304              | 0701.305              |                        |

### Adult Swim Lessons

This course is designed for teens and adults who have never taken swimming lessons before, or who have a fear or apprehension of water. Sessions are four classes each one hour long. Ages 12-over.

Adult Lesson Cost: \$56 Resident, \$70 Non-resident (4 lessons only)

| Days | Times       | Session 1<br>6/11-6/14 | Session 2<br>6/25-6/28 | Session 3<br>7/9-7/12 | Session 4<br>7/23-7/26 | Session 5<br>8/6-8/9 |
|------|-------------|------------------------|------------------------|-----------------------|------------------------|----------------------|
| M-Th | 8:05-9:05pm | 0801.301               | 0801.302               | 0801.303              | 0801.304               | 0801.305             |

| Days  | Times         | Weekend 1<br>6/16-6/24 | Weekend 2<br>7/14-7/22 |
|-------|---------------|------------------------|------------------------|
| Sa/Su | 10:30-11:30am | 0802.301               | 0802.302               |





# Aquatics

## Private Lessons (4 Classes)

Cost: \$125 Resident, \$140 Non-resident (Maximum of 1 student to 1 teacher)

This class offers participants who are beginning to swim, or wanting to improve their skills, a chance to work one-on-one with an instructor for four consecutive classes. Private lessons can be the appropriate setting to assist you or your child in water confidence or skill refinement. Each session consists of four one half hour lessons. Ages 3-over.

| Days | Times         | Private 1<br>6/11-6/14 | Private 2<br>6/18-6/21 | Private 3<br>6/25-6/28 | *Private 4<br>7/2-7/5 | Private 5<br>7/9-7/12 | Private 6<br>7/16-7/19 |
|------|---------------|------------------------|------------------------|------------------------|-----------------------|-----------------------|------------------------|
| M-Th | 9:15-9:45am   | 1001.301               | 1001.302               | 1001.303               | 1001.304              | 1001.305              | 1001.306               |
| M-Th | 10:45-11:15am | 1002.301               | 1002.302               | 1002.303               | 1002.304              | 1002.305              | 1002.306               |
| M-Th | 11:15-11:45am | 1003.301               | 1003.302               | 1003.303               | 1003.304              | 1003.305              | 1003.306               |
| M-Th | 3:15-3:45pm   | 1004.301               | 1004.302               | 1004.303               | 1004.304              | 1004.305              | 1004.306               |
| M-Th | 3:45-4:15pm   | 1005.301               | 1005.302               | 1005.303               | 1005.304              | 1005.305              | 1005.306               |
| M-Th | 4:15-4:45pm   | 1006.301               | 1006.302               | 1006.303               | 1006.304              | 1006.305              | 1006.303               |
| M-Th | 5:55-6:25pm   | 1007.301               | 1007.302               | 1007.303               | 1007.304              | 1007.305              | 1007.306               |
| M-Th | 6:25-6:55pm   | 1008.301               | 1008.302               | 1008.303               | 1008.304              | 1008.305              | 1008.306               |

| Days | Times         | Private 7<br>7/23-7/26 | Private 8<br>7/30-8/2 | Private 9<br>8/6-8/9 | Private 10<br>8/13-8/16 |
|------|---------------|------------------------|-----------------------|----------------------|-------------------------|
| M-Th | 9:15-9:45am   | 1001.307               | 1001.308              | 1001.309             | 1001.310                |
| M-Th | 10:45-11:15am | 1002.307               | 1002.308              | 1002.309             | 1002.310                |
| M-Th | 11:15-11:45am | 1003.307               | 1003.308              | 1003.309             | 1003.310                |
| M-Th | 3:15-3:45pm   | 1004.307               | 1004.308              | 1004.309             | 1004.310                |
| M-Th | 3:45-4:15pm   | 1005.307               | 1005.308              | 1005.309             | 1005.310                |
| M-Th | 4:15-4:45pm   | 1006.307               | 1006.308              | 1006.309             | 1006.310                |
| M-Th | 5:55-6:25pm   | 1007.307               | 1007.308              | 1007.309             | 1007.310                |
| M-Th | 6:25-6:55pm   | 1008.307               | 1008.308              | 1008.309             | 1008.310                |



## Water Safety Aid

Ready to learn the skills needed to get a good paying job when you turn 15? Become a Water Safety Aid (WSA) and gain valuable volunteer experience and job skills. WSA's are volunteers who want to work with children and learn how to teach swimming lessons. Participants assist with swimming lessons after committing to a schedule for the summer.

Pre-Requisites: Completion of American Red Cross Level 4. Minimum age is 12 years old.

TO APPLY: Complete a Volunteer Application. Applications may be obtained and returned to the Veterans Memorial Recreation Center. For more information call 616-7184.

**Deadline to apply is May 31<sup>st</sup>.**

## Jr. Lifeguard Camp (5 Classes)

If you enjoy swimming and water sports, are interested in becoming a lifeguard, or just enjoy learning new skills and making new friends, then San Bruno's Jr. Lifeguard Camp is for you. Jr. Lifeguard participants will be introduced to fundamental rescue, first aid and CPR skills. Pre-requisites: All participants must be able to swim the front crawl for 25 yards continuously while breathing to the front or side, tread water for 1 minute and submerge and swim a distance of 10 feet underwater. More information contact Jennie at 616-7184. Participants must bring bag lunch, bathing suit, sunscreen and towel each day. Ages 11-14.

Cost: \$136 Resident, \$151 Non-resident

Location: San Bruno Park Pool

Instructor: San Bruno Pool Staff

3620.301 M-F 10:00am-3:30pm 7/23-7/27

# Summer Camp

## Summer Playground Program

Summer fun begins with a FREE drop-in playground program at the Belle Air Firehouse. Kids will enjoy supervised activities on site including arts and crafts, sports, special events and game playing. All participants must have a Health Information Form on file at the site to participate. Form is on page 47 of this brochure. Please have your child bring it on the first day of the program. (No program 7/4.)

Ages 6-11 years.

Cost: Free

Instructor: Recreation Staff

Location: Belle Air Firehouse @ Lion's Field

Days/Time: Mon.-Fri., 1:00-4:00pm

Dates: 6/18-7/20

## Leaders in Training (L.I.T.)

Leaders in Training are young people who would like to gain experience leading children in activities such as sports and games, arts and crafts, field trips and more. L.I.T.'s will work closely with day camp leaders to learn the skills of working with children, leading activities and problem solving. L.I.T.'s must be at least 13 years of age and exhibit maturity to work with children in a leadership role.

Pre-requisite: Potential L.I.T.'s must complete volunteer application and interview for the position. Applications can be obtained and turned in at the War Memorial Recreation Center in San Bruno City Park. For more information, contact Dee at 650-616-7183. No camp 7/4. **Application Deadline: May 18.**

Cost: \$50 per session

|            |          |     |           |
|------------|----------|-----|-----------|
| Session 1  | 4602.301 | M-F | 6/11-6/15 |
| Session 2  | 4602.302 | M-F | 6/18-6/22 |
| Session 3  | 4602.303 | M-F | 6/25-6/29 |
| Session 4  | 4602.304 | T-F | 7/2-7/6   |
| Session 5  | 4602.305 | M-F | 7/9-7/13  |
| Session 6  | 4602.306 | M-F | 7/16-7/20 |
| Session 7  | 4602.307 | M-F | 7/23-7/27 |
| Session 8  | 4602.308 | M-F | 7/30-8/3  |
| Session 9  | 4602.309 | M-F | 8/6-8/10  |
| Session 10 | 4602.310 | M-F | 8/13-8/17 |

## Cheerleading & Swim Camp (5 classes)

Does your child love swimming and cheerleading? If so, sign up for our Cheer and Swim Camp held at San Bruno City Park. Participants will have cheer lessons from 10-12pm. Following cheerleading, participants will enjoy lunch and play games in the park. At 1pm participants will head over to the San Bruno Park Pool where they will enjoy swimming, water games and be supervised by our lifeguards. Cost includes cheer lesson, entrance to recreation swim and supervision. Participants should bring a bag lunch, bathing suit, sunscreen and a towel everyday. Ages 9-12.

Cost: \$136 Resident, \$151 Non-resident

Location: San Bruno Park Pool & City Park

Instructor: Cathy Hageman & Recreation Staff

3629.301 M-F 10:00am-3:30pm 8/13-8/17

## Tennis & Swim Camp (5 classes)

Please sign up early for our popular tennis & swim camps held at San Bruno City Park. Participants start each day with a tennis lesson 10-11.30am from the staff of Whitlinger & Sarsfield Tennis. Following tennis, participants will head over to the San Bruno Park Pool where they will enjoy swimming, water games and be supervised by our lifeguards. Cost includes tennis lessons, entrance to recreation swim and supervision. Participants should bring a bag lunch, tennis racket, bathing suit, sunscreen and a towel each day. Ages 9-12.

Cost: \$136 Resident \$151 Non-resident

Location: San Bruno City Park (Tennis Courts and Swimming Pool)

Instructor: Whitlinger & Sarsfield Tennis Staff and San Bruno Park Pool Staff

|          |     |                |           |
|----------|-----|----------------|-----------|
| 3657.301 | M-F | 10:00am-3:30pm | 6/25-6/29 |
| 3657.302 | M-F | 10:00am-3:30pm | 7/16-7/20 |
| 3657.303 | M-F | 10:00am-3:30pm | 7/30-8/3  |



## Basketball & Swim Camp (5 classes)

Does your child love playing basketball and swimming? If so, sign up for our Basketball and Swim Camp held at San Bruno City Park. Participants will have basketball lessons from 10-12pm. Following basketball, participants will enjoy lunch and play games in the park. At 1pm participants will head over to the San Bruno Park Pool where they will enjoy swimming, water games and be supervised by our lifeguards. Cost includes basketball lesson, entrance to recreation swim and supervision. Participants should bring a bag lunch, bathing suit, sunscreen and a towel everyday. Ages 9-12.

Cost: \$136 Resident, \$151 Non-resident

Location: San Bruno Park Pool & City Park

Instructor: Lorenzo Hockaday and John Leday & Recreation Staff

3634.301 M-F 10:00am-3:30pm 7/9-7/13

# Summer Camp

## **Jet Cadets~ (5 Classes)**

It's a bird! It's a plane! No, it's...everything from the earliest flying machines to the first rocket flights. This hands-on program will let you learn all about aerodynamics and the world above us. Explore the basic principles of flight, build airplanes, test them in wind tunnels, ride a hovercraft and construct balloon copters. Discover the mysteries of the galaxy, learn about celestial navigation, and take home a rocket that you have built yourself. Ages 5-12.

Cost: \$199 Resident, \$214 Non-resident  
Lab Fee: \$35 payable to instructor at first class  
Location: Recreation Center Meeting Room  
Instructor: Mad Science Staff  
3614.301 M-F 9:00am-12:00pm 6/25-6/29

## **"Fizz"ical Phenomena & Che-Mystery~ (5 Classes)**

Take a walk on the wild side in this crazy week of sleuth science. Have a ton of fun as we whip up potions and experiment with all kinds of chemical reactions, including growing our own crystals, making sidewalk chalk, and a chromatography t-shirt to keep. Mix it up as we experiment with molecular madness, radical reactions and "fizz"-ical and chemical reactions. Discover what those crazy chemists are really up to in their laboratories. Then use everything you've learned to solve the Mad Science Mystery; even Sherlock couldn't figure this one out! Ages 5-12.

Cost: \$199 Resident, \$214 Non-resident  
Lab Fee: \$35 payable to instructor at first class  
Location: Millbrae Community Center, 477 Lincoln Circle  
Instructor: Mad Science Staff  
3614.303 M-F 9:00am-12:00pm 7/16-7/20



## **Spy Academy~ (5 Classes)**

Look out 007-the Mad Science Spy Academy is here! From decoding messages to metal detectors and night vision, campers will have the opportunity to check out spy equipment and even create their own edible message. Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis. Figure out the science of forensics in a hands-on look at crime scenes. Become a super spy and learn clever ways of performing tasks as we take a hands-on view of the science that spies use. The take-homes for this camp were designed specially by Q himself. Ages 5-12.

Cost: \$199 Resident, \$214 Non-resident  
Lab Fee: \$35 payable to instructor at first class  
Location: Millbrae Community Center, 477 Lincoln Circle  
Instructor: Mad Science Staff  
3614.302 M-F 9:00am-12:00pm 8/6-8/10



## **Filmmaking Flix~ (5 Classes)**

Are you the next star director? Actor? Writer? Cameraman? Of course you are, and you get to do it all in these live action flix! You'll work in groups to make your vision come true in these movies where you'll act, write, direct, and more. All flix will be professionally edited and a DVD will be mailed to every student. Check out our website ([www.IncrediFlix.com](http://www.IncrediFlix.com)) for examples of each camp! Ages 7-13.

Cost: \$190 Resident, \$205 Non-resident  
Lab Fee: \$30 payable to instructor at first class  
(One lab fee is waived if you sign up for both classes)  
Location: Recreation Center Meeting Room  
Instructor: IncrediFlix Staff "Tobin"  
3633.302 M-F 1:00-4:00pm 7/9-7/13



## **Lego Flix~ (5 Classes)**

We know you love Legos and we know you can create incredible worlds. Now it's time to bring those worlds to life in Lego animated flix! We provide the Legos, and you provide your imagination. Students will create a Lego set with Lego characters for a movie they storyboard, write, shoot, and voice-over in age appropriate groups. All flix will be professionally edited and a DVD will be mailed to every student. Check out our website ([www.IncrediFlix.com](http://www.IncrediFlix.com)) for examples of each camp! Ages 7-13.

Cost: \$190 Resident, \$205 Non-resident  
Lab Fee: \$30 payable to instructor at first class  
(One lab fee is waived if you sign up for both classes)  
Location: Recreation Center Meeting Room  
Instructor: IncrediFlix Staff "Tobin"  
3633.301 M-F 9:00am-12:00pm 7/9-7/13



## **Flight Club~ (5 classes)**

Become a future aerospace engineer! Build and experiment with paper airplanes, helicopters, parachutes, rockets, and a wide variety of aerospace designs. Learn about propulsion, air foils, terminal velocity, gyroscopic forces, and other aeronautic concepts. An experienced Flight Club instructor helps you acquire aerospace engineering skills that last a lifetime. Take home your creations from this interactive and educational class about having fun with flight! Ages 7-10.

Cost: \$189 Residents, \$204 Non-resident  
Lab Fee: \$10 due to instructor on first day of camp  
Location: Millbrae Recreation Center, 477 Lincoln Circle  
Instructor: Play-Well TEKnologies  
3632.303 M-F 9:00am-12:00pm 7/30-8/3



# Summer Camp

## **Jedi Engineering~ (5 Classes)**

**New** Young Jedi will explore worlds far, far away and engineering principles right in front of them. Defeat the Empire by designing and refining X-wings, RS-units, and settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators and defense turrets. A new offering of original designs for young Jedi from Play-Well TEKnologies. Ages 5-6.

Cost: \$189 Residents, \$204 Non-resident  
Location: Recreation Center Meeting Room A  
Instructor: Play-Well TEKnologies  
3632.301 M-F 9:00am-12:00pm 7/23-7/27

## **AWESOMEngineering & Construction~**

Are you ready to have an AWESOME time? Our Engineering and Construction program will teach you fundamental engineering and construction concepts using Erector educational toys. You will build things you encounter everyday; including bridges, cranes, skyscrapers and more! Some of the concepts covered include: Torque vs. Speed, Belt and Pulley Systems, Gravity, Friction, and Truss Systems. In class, you are provided with everything you need to build each project, which includes a tool belt, tools and project pieces. This hands-on class will allow you to work together to solve problems while building projects. Returning students will work on new projects. \$10 material fee due at first class for an Erector set that the students will keep; checks payable to AWESOMEngineering. No class 7/4. Ages 7-12. Go to [www.awesomengineering.org](http://www.awesomengineering.org) for more info and pictures.

Lab Fee: \$10 payable to instructor at first session  
Instructor: Charlie Tannous, Awesome Engineering  
Location: San Bruno Recreation Center Conf Rm 1  
Cost: \$145 Resident, \$160 Non-resident (5 Classes)  
3209.301 M-F 9:00am-Noon 6/18-6/22  
3209.302 M-F 1:00-4:00pm 6/18-6/22

Location: Millbrae Community Center, 477 Lincoln Circle  
Cost: \$120 Resident, \$135 Non-resident (4 Classes)  
3209.303 M-F 9:00am-Noon 7/2-7/6  
3209.304 M-F 1:00-4:00pm 7/2-7/6



## **RC Motion~ (5 Classes)**

**New** Join the fun and get in motion with Remote Controlled Cars, Slot Cars, Snap Circuit Cars, and Rock Crawlers! Explore on the ground and in the air. Race your cars on different racetracks each day. Add challenging terrain and jumps! Create rock crawling and slalom courses to test your vehicle's precision and control. Test your flying skills on the Flight Simulator and then master the RC Helicopter! All materials provided. Ages 7-10.

Cost: \$189 Residents, \$204 Non-resident  
Location: Millbrae Recreation Center  
Instructor: Play-Well TEKnologies  
3632.304 M-F 1:00-4:00pm 7/30-8/3

## **Jedi Masters~ (5 Classes)**

**New** The Force is strong in this class. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, settlements, and fortresses. Play-Well's Jedi instructors reinforce key engineering concepts such as geartrains, worm drives, pneumatics, eccentric motion and more as students tap into the powerful forces of imagination and engineering. Ages 7-10.

Cost: \$189 Residents, \$204 Non-resident  
Location: Recreation Center Meeting Room A  
Instructor: Play-Well TEKnologies  
3632.302 M-F 1:00-4:00pm 7/23-7/27

## **Summer Music Camp Allegro**

**New** Camp Allegro is a one-week music camp opened to ages 6 and up who enjoys learning and playing music with other kids in a fun and supporting environment. The program opens the door for campers to explore the joy of playing music through fun classes, rehearsals and performance. Each day, students have the opportunity to study a primary instrument of their choice, to explore different instruments, to play many styles of music as ensembles, and to rehearse for a concert on the final day of the camp. Camp Allegro gears towards beginning and intermediate level students who have been taking music lessons. If your children have no experience in music, please contact us to see if the camp is a good fit. Extended hours may be available upon request. Ages 6-over.

Cost: \$295 Resident, \$310 Non-resident  
Location: ViBO Music Center, 488 San Mateo Ave.  
Instructor: ViBO Music Instructor  
5117.318 M-F 10:00am-3:00pm 7/9-7/13

# Summer Camp



## Shopping Mall Drawing Camp (5 Classes)

It's time to go shopping! The good news is we can draw the items we love to shop for. Our artists will imagine themselves at some of their favorite stores and illustrate the merchandise. We will draw shoes, boots, fashion accessories, along with popular zebra and leopard print fabrics. A stop at a bath and candle shop will produce an illustration for these popular products. Our final day will result in one large store front scene, with our own clothing designs cleverly displayed. Pencil, color pencil and markers will be used. Ages 6-12.

Cost: \$165 Resident, \$180 Non-resident  
Lab Fee: \$10 payable to instructor at first class  
Instructor: Young Rembrandts Staff  
Location: Recreation Center Conference Room 2  
2002.301 M-F 9:00am-12:00pm 6/11-6/15



## Super Hero Cartoon Camp (5 classes)

Pow! Bang! Wow! Now you can learn to draw your own comic book superhero. Each day we will complete several drawings while we explore a variety of characters. We will learn to draw the basic muscular superhero body and adapt it to the character of our choice. We will learn to draw action and movement while we complete the scenes around our superheroes, using pencils, markers and Sharpies™. Our collection of drawings will be impressive! Ages 6-12.

Cost: \$165 Resident, \$180 Non-resident  
Lab Fee: \$10 payable to instructor at first class  
Instructor: Young Rembrandts Staff  
Location: Recreation Center Conference Room 2  
2002.302 M-F 9:00am-12:00pm 6/18-6/22



## Monster Cartoon Camp (5 classes)

Boys and girls are going to love these inventive, original and playful monsters! Learn to draw wild faces, exaggerated features and scary bodies. Children will learn a variety of basic cartoon techniques, while enjoying the fun our creatures offer. The "monster under the bed", "the closet monster" and many more will appear, along with a multitude of original monster characters! Pencils, color pencils, markers and Sharpies™ will be used. Ages 6-12.

Cost: \$165 Resident, \$180 Non-resident  
Lab Fee: \$10 payable to instructor at first class  
Instructor: Young Rembrandts Staff  
Location: Recreation Center Conference Room 2  
2002.303 M-F 1:00-4:00pm 7/30-8/3



## Dragonfly Designs Summer Art Camp (5 Classes)

Go beyond the limits of your average art class to experience creativity from a new direction with Dragonfly Designs Jewelry Camp. **Move** in our morning hour of yoga poses, games and fun! **Inspire** gorgeous hand-made jewelry projects from a wide range of exciting techniques! **Explore** the ecology of our local community with a guided hike on San Bruno Mountain! Children get the chance to expand their mind, bodies and creativity in this unique camp opportunity that combines art with personal and community care. Our team of highly trained, enthusiastic staff passes on the art of jewelry making to students in a fun, engaging, and socially conscious way. Campers are given challenging projects and work in groups according to age (6-10 & 11-17 have separate curriculum), interest and ability level. Techniques include, resin, glass fusing, stamping and dapping metalsmithing, bead stringing, crimping, copper etching, wool felted beads and so much more! No class 7/4. Boys & Girls ages 6-over. \*Class is taught in Mandarin Chinese

Cost: \$275 Resident, \$290 Non-resident  
Lab Fee: \$80 payable to instructor at first class  
Location: Dragonfly Designs Studio, 55 Nursery Way, SSF  
Instructor: Dragonfly Designs Staff

|           |     |               |           |
|-----------|-----|---------------|-----------|
| 3631.301  | M-F | 9:00am-3:00pm | 6/11-6/15 |
| 3631.302  | M-F | 9:00am-3:00pm | 6/18-6/22 |
| 3631.303  | M-F | 9:00am-3:00pm | 6/25-6/29 |
| 3631.304  | M-F | 9:00am-3:00pm | 7/2-7/6   |
| 3631.305  | M-F | 9:00am-3:00pm | 7/9-7/13  |
| 3631.306  | M-F | 9:00am-3:00pm | 7/16-7/20 |
| 3631.307  | M-F | 9:00am-3:00pm | 7/23-7/27 |
| 3631.308* | M-F | 9:00am-3:00pm | 7/30-8/3  |
| 3631.309  | M-F | 9:00am-3:00pm | 8/6-8/10  |
| 3631.310  | M-F | 9:00am-3:00pm | 8/13-8/17 |
| 3631.311  | M-F | 9:00am-3:00pm | 8/20-8/24 |



## Cartoon Drawing Action Camp (5 classes)

It's time for cartoon lovers to learn to cartoon their favorite action sports! These cartoons all center on popular action sports like skateboarding, skating, scooters and biking. Learn simple cartoon characters, how to show movement, action lines, sounds, sequencing a joke and expressions. Turn the sports you love into cartoons you can enjoy again and again. Pencils, sharpies and markers will be used. Ages 6-12.

Cost: \$165 Resident, \$180 Non-resident  
Lab Fee: \$10 payable to instructor at first class  
Instructor: Young Rembrandts Staff  
Location: Recreation Center Conference Room 2  
2002.304 M-F 1:00-4:00pm 8/6-8/10

# Summer Camp

## Summer Craft Camp (5 classes)

In this 2 ½ hour class, children will try out many different crafts, and will have a chance to explore and play with lots of fun materials. We will do a variety of projects each day. The focus is on letting children explore and create – and have fun! Projects will include tie dye t-shirts, shrinkable art, beading, painting and much more. Ages 7-12.

Cost: \$75 Resident, \$90 Non-resident  
 Lab Fee: \$40 payable to instructor at first class  
 (includes all supplies for class)  
 Location: Recreation Center Ceramics Room  
 Instructor: Christine Hopkins  
 3621.301 M-F 2:00-4:30pm 7/23-7/27



## Love to Dance Camp (5 classes)

Come learn ballet, tap, jazz, hip hop and how to create your own dance. This is a fun camp for children who like to dance and move. No dance experience is required. The camp will include warming up, stretching, practicing dance steps, learning dance routines, watching dance DVD's, art activities and free dancing to different styles of music. Children should wear leotards or leggings with a stretch top. Stretchy shorts are fine too. Bring ballet shoes and tap shoes if you have them. If you do not have tap shoes bring flat dress shoes (shoes with a leather sole). For questions about the camp call the instructor, Matrisha Person at 415-722-8281. Ages 6-9.

Cost: \$130 Resident, \$145 Non-resident  
 Location: Recreation Center Meeting Room B  
 Instructor: Matrisha Person  
 2103.305 M-F 1:30-4:30pm 7/23-7/27

## Summer Art Camp for Children (5 Classes)

Art camp is an incredible opportunity for your child to create and have fun. Professional Artist Charna Conway's unique proven teaching method will enable her students of any skill level to learn the ability to tap into their artist talent. A big part of this will be learning how to see and translate what they are seeing to paper using a variety of mediums. Students will do all kinds of other fun craft related projects to keep all students focused and having fun INCLUDING FUSED GLASS! As always, Charna evaluates each child's skill level and pays personal attention to the children to maximize their experience. Class size will be STRICTLY LIMITED TO THE FIRST 13 CHILDREN. A waiting list will be available. Ages 6-12.

Cost: \$89 Resident, \$104 Non-resident  
 Lab Fee: \$20 payable to instructor at first class  
 Location: Recreation Center Ceramics Studio  
 Instructor: Charna Conway  
 3656.301 M-F 9:00am-12:00pm 7/9-7/13  
 3656.302 M-F 1:00pm-4:00pm 7/9-7/13  
 3656.303 M-F 9:00am-12:00pm 6/25-6/29  
 3656.304 M-F 1:00pm-4:00pm 6/25-6/29

## Cheerleading Camp (5 classes)

This summer you have the opportunity to give your son or daughter a chance to try the fastest growing sport in America - CHEERLEADING! The kids will learn cheers, a dance, gymnastics and basic stunts. No experience is required. Whether you are new to cheerleading or have cheered before, this class will prepare you for Pop Warner, school or all star cheerleading programs. The class will be taught by Stacy Morell - Sequoia H.S. Cheer Coach with assistance from selected high school cheerleaders and dancers. Camp will conclude with a performance, certificates, and awards just like a real cheerleading camp! Cheerleaders should bring a bag lunch, sunscreen, and water. Ages 6-13.

Cost: \$171 Resident, \$186 Non-resident  
 Location: San Bruno Park, Picnic Area #6  
 Instructor: Stacy Morell, Sequoia HS Head Cheer Coach  
 3655.301 M-F 10am-3pm 8/6-8/10  
 Camp Show 2:30pm 8/10



## Princess Dance Camp (5 classes)

Come dance like a princess in this fun filled week long half day camp. Each day is dedicated to a different princess. There will be dancing to princess music and stories, art projects, watching dance DVD's and playing dance games. Each child will receive a princess tiara. Children may bring their favorite princess dress and wear a leotard or stretch pants/shorts with ballet shoes. Ages 4-6.

Cost: \$130 Resident, \$145 Non-resident  
 Location: Recreation Center Meeting Room B  
 Instructor: Matrisha Person  
 2103.306 M-F 1:30-4:30pm 7/16-7/20

## SAN BRUNO MOTHERS CLUB



Are you new to the area? Are you a new parent? Or simply want to build new friendships? JOIN US!

We are a community parent support and social group for families in the SF Peninsula. We offer playgroups and family parties/activities.

Please visit our website for more information  
[www.SANBRUNOMOTHERSCLUB.com](http://www.SANBRUNOMOTHERSCLUB.com)

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# Summer Camp

## Kids Surf Camp (3 Classes)

Our kid's surf camps are a great way to build confidence, make friends and have fun learning the incredible joy of Surfing! Whether your child has never surfed before or if they just want to improve their skills, we have the coaching that will enable them to reach their goals. Our instructors will work with your child in small groups (4-1 student to instructor ratio), which provide students with more individual attention and a safer environment in which to learn surfing. Our instructors are all CPR, First-Aid, & Lifeguard certified and ready to teach your child the basics of surfing. We use Soft Core surfboards so that learning is safe and easy and we provide your child a wetsuit so that they will be comfortable in the water. Each participant will learn about ocean awareness, wave breaks, ocean conditions, safety in and out of the water, wave etiquette, paddling, push-up and pop-up techniques as well as and balancing. All students will start out in the shallow water riding the whitewater until they are comfortable with venturing further out. Ages 8-12.

Cost: \$295 Resident, \$310 Non-resident

Location: Linda Mar Beach, Hwy 1, Pacifica

Instructor: Adventure Out LLC

|          |       |                |           |
|----------|-------|----------------|-----------|
| 3627.301 | M-W   | 9:00am-12:00pm | 6/18-6/20 |
| 3627.302 | M-W   | 9:00am-12:00pm | 7/16-7/18 |
| 3627.303 | M-W   | 9:00am-12:00pm | 8/8-8/10  |
| 3627.304 | Sat-M | 12:30-3:30pm   | 9/1-9/3   |

## Teen Surf Camp (4 Classes)

Whether you have never surfed before or if you just want to improve your skills, we have the coaching that will enable you to reach your goals. Our instructors will work with you in small groups (4-1 student to instructor ratio), which provide students with more individual attention and a safer environment in which to learn how to surf. The basics will be taught (or quickly reviewed for more advanced students) - we will begin with land lessons that will focus on you learning about the waves and different types of breaks, surfer etiquette and water safety, and the different types of boards and fins. Lastly, before we head out into the water, we will coach you on the proper positioning, balance and pop-up techniques on land and then into the surf we go! As the camp progresses, we will get into more intermediate skills, catching waves and controlling your board while learning how to turn and maintain balance on the board. We will also teach you how to further your balance on board while standing on the face as well as how to efficiently and effectively paddle out through the breaking waves. You will learn the differences between riding in the white water and the face. You will also be taught to maneuver the board, turn, and begin to walk up and down the board. Ages 13-over.

Cost: \$375 Resident, \$390 Non-resident

Location: Linda Mar Beach, Hwy 1, Pacifica

Instructor: Adventure Out LLC

|          |      |                |           |
|----------|------|----------------|-----------|
| 3627.305 | M-Th | 9:00am-12:00pm | 6/11-6/14 |
| 3627.306 | M-Th | 12:30-3:30pm   | 6/25-6/28 |
| 3627.307 | M-Th | 9:00am-12:00pm | 7/30-8/2  |
| 3627.308 | F-M  | 12:30-3:30pm   | 8/24-8/27 |

## Badminton Camp (5 Classes)

Are you ready for some badminton this summer? Badminton Camp is a fun and great way to introduce badminton to your kids. Camp will offer a fun and instruction-packed one week session designed to keep badminton players of all levels of experience active during the summer. Players will be divided by age and ability. Coaches will assign drills, play games and give instruction in both singles and doubles play. Players will have the opportunity to experience round robin match play format for competitive play. To enhance badminton skills of less experienced players, all players will learn or review scoring rules, foot work, strokes and essential fundamentals of badminton. This camp will prepare students for middle school and high school competitive badminton. Participants should bring their own racquets. Ages 5-16.

Cost: \$119 Resident, \$134 Non-resident

Location: Bay Badminton Center, 1611 Adrian Rd. Burl.

Instructor: Chandra Kowi

|          |     |              |           |
|----------|-----|--------------|-----------|
| 3719.301 | M-F | 10am-12:30pm | 6/18-6/22 |
| 3719.302 | M-F | 10am-12:30pm | 6/25-6/29 |
| 3719.303 | M-F | 10am-12:30pm | 7/2-7/6   |
| 3719.304 | M-F | 10am-12:30pm | 7/9-7/13  |
| 3719.305 | M-F | 10am-12:30pm | 7/16-7/20 |
| 3719.306 | M-F | 10am-12:30pm | 7/23-7/27 |
| 3719.307 | M-F | 10am-12:30pm | 7/30-8/3  |
| 3719.308 | M-F | 10am-12:30pm | 8/6-8/10  |
| 3719.309 | M-F | 10am-12:30pm | 8/13-8/17 |
| 3719.310 | M-F | 10am-12:30pm | 8/20-8/24 |

|          |     |             |           |
|----------|-----|-------------|-----------|
| 3719.311 | M-F | 1:30-4:00pm | 6/18-6/22 |
| 3719.312 | M-F | 1:30-4:00pm | 6/25-6/29 |
| 3719.313 | M-F | 1:30-4:00pm | 7/2-7/6   |
| 3719.314 | M-F | 1:30-4:00pm | 7/9-7/13  |
| 3719.315 | M-F | 1:30-4:00pm | 7/16-7/20 |
| 3719.316 | M-F | 1:30-4:00pm | 7/23-7/27 |
| 3719.317 | M-F | 1:30-4:00pm | 7/30-8/3  |
| 3719.318 | M-F | 1:30-4:00pm | 8/6-8/10  |
| 3719.319 | M-F | 1:30-4:00pm | 8/13-8/17 |
| 3719.320 | M-F | 1:30-4:00pm | 8/20-8/24 |

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[DrFinones@ztoothfairy.com](mailto:DrFinones@ztoothfairy.com)

(650) 228-9941

# Summer Camp

## Summer Slam

Once again, the San Bruno Community Services Department will be offering the very popular "Summer Slam" Basketball Program for youngsters and teens. Top players from all over the area come to play in this program under the direction of Coordinator Chuck Rapp. Play is divided into four divisions:

|             |  |
|-------------|--|
| Division 1: | players entering 4 <sup>th</sup> and 5 <sup>th</sup> grades    |
| Division 2: | players entering 6 <sup>th</sup> and 7 <sup>th</sup> grades    |
| Division 3: | players entering 8 <sup>th</sup> and 9 <sup>th</sup> grades    |
| Division 4: | players entering 10 <sup>th</sup> thru 12 <sup>th</sup> grades |

Division 1 is designed for players with or without previous basketball experience, while Divisions 2, 3 and 4 are designed for male players with previous competitive experience. Participants will be placed on teams and a schedule will be provided after the initial session. After the teams are established, no practices will be held. Each team will play one game per week. All games are full-court and officiated by referees. Awards will be given to league champions and each participant will be given a souvenir "Summer Slam" shirt. All-league teams will be selected in each division. For further information call Chuck Rapp at (650) 872-2332.

Cost: \$73 Resident, \$88 Non-resident

Location: Recreation Center - Gym

Instructor: Chuck Rapp

|          |              |      |        |          |
|----------|--------------|------|--------|----------|
| 3412.301 | Division I   | Tues | 7-9pm  | 6/5-7/24 |
| 3412.302 | Division II  | Sun  | 4-7pm  | 6/3-7/22 |
| 3412.303 | Division III | Sun  | 7-10pm | 6/3-7/22 |
| 3412.304 | Division IV  | Sun  | 1-4pm  | 6/3-7/22 |

## Make Me A Pro Soccer Camp (5 classes)

Make Me A Pro Soccer camp is a high energy soccer camp that caters to all skill levels. Our goal is to assist anyone with the desire to become a better soccer player do so. Our camps are very educational as well as fun. Learn techniques of shooting, trapping, heading and trick moves. End each day with game play and end the week playing in the Make Me A Pro World Cup. Please bring water, snacks and a ball. Ages 5-12.

Location: Lions Field, End of 1st Avenue

Instructor: Kevin Broomfield & MMAP Staff

Cost: \$115 Resident, \$130 Non-resident

3616.301 M-F 9:00am-12:00pm 7/16-7/20

Cost: \$155 Resident, \$170 Non-Resident

3616.302 M-F 9:00am-3:00pm 7/16/7/20

## Youth Baseball Camp (4 classes)

Join Tim Bowler and his staff for a fun week of Baseball Camp. Boys and girls are welcome in this camp that teaches the fundamentals in batting, pitching, catching, sliding, throwing, and fielding. Tim is a former Capuchino High School player and has coached our local Joe DiMaggio team, and at Canada College. Players must bring their own baseball glove, and wear cleats or athletic shoes. Ages 5-11.

Cost: \$185 Resident, \$200 Non-resident

Location: San Bruno City Park, Diamond 2

Instructor: Tim Bowler & Staff

3609.301 M-Th 9:30-11:30am 7/30-8/2

## Youth Basketball Camp (4 classes)

If you are interested in learning fundamental basketball and achieving optimum potential in skill development, this clinic is for you. Players will learn offensive and defensive techniques. Ages 5-11.

Cost: \$185 Resident, \$200 Non-resident

Location: Recreation Center Gymnasium

Instructor: Tim Bowler & Staff

3609.303 M-Th 12:00-2:00pm 7/30-8/2

## Fencing Camps (5 classes)

Come join us for 5 days of fun with the foil. In this five day fencing camp you will receive instruction in the art of fencing. Every class will include daily warm ups, games, footwork, attacks and fundamentals for defensive actions and bouting with a partner. For information on which level you are, you can contact SF Fencers at 415-640-5671. Ages 7-up.

Instructor: SF Fencing Staff

Cost: \$200 Resident, \$215 Non-resident

Lab Fee: \$20 paid to instructor at first class

Location: Barrett Community Center, 1835 Belburn, Belmont

Beginner:

3659.301 M-F 1:00-4:00pm 7/16-7/20

3659.302 M-F 1:00-4:00pm 7/23-7/27

Intermediate:

3659.303 M-F 1:00-4:00pm 7/30-8/3

Advanced:

3659.304 M-F 1:00-4:00pm 8/6-8/10

Cost: \$400 Resident, \$415 Non-resident

Lab Fee: \$20 payable to instructor at first class

Location: 400 Balboa (cross street 41st Ave), SF

Beginning:

3659.309 M-F 9:00am-4:00pm 7/9-7/13

3659.310 M-F 9:00am-4:00pm 7/16-7/20

Cost: \$200 Resident, \$215 Non-resident

Lab Fee: \$20 payable to instructor at first class

Location: 400 Balboa (cross street 41st Ave), SF

Beginning:

3659.305 M-F 1:00-4:00pm 6/11-6/15

3659.306 M-F 9:00am-12:00pm 7/9-7/13

3659.307 M-F 9:00am-12:00pm 7/16-7/20

3659.308 M-F 1:00-4:00pm 7/16-7/20

3659.311 M-F 9:00am-12:00pm 7/30-8/3

# Youth Enrichment Classes

## Pre-Ballet First Class Ages 2-3 (6 Classes)

Moms, Dads and Nannies are encouraged to participate with the children in this fun introduction to dance. This is a playful class that improves motor skills and teaches children to follow the instructor. Children enjoy performing finger plays, dancing to nursery rhymes and moving with balls or scarves to a variety of music. Please wear comfortable clothing that is easy to dance in. For questions about the class call the instructor: Matrisha at 415-722-8281.

Cost: \$72 Resident, \$87 Non-resident  
Location: Recreation Center Meeting Room  
Instructor: Matrisha Person  
2103.301 M 9:45-10:30am 6/25-7/30

## Parent and Child Intro to Ice Skating (6 classes)

This is a fun experience for one parent and one child to learn to ice skate together. Classes will be geared to the child's level. Cost includes one parent and one child, skate rental, one-half hour lesson and practice time immediately following the lesson. No class 7/4. Ages 3-4 years old plus parent.

Cost: \$59 Resident, \$74 Non-resident  
Location: Ice Center at San Mateo, 2202 Bridgepointe Parkway, San Mateo (574-1616)  
Instructor: Ice Center Staff  
2400.301 W 10:30-11:30am 6/6-7/18  
2400.302 W 10:30-11:30am 7/25-8/29

## Terrific Tiny Tennis (4 classes)

Children play FUN activities and games with low compression tennis balls on the "42 ft. court" that will enhance their skill development in a success oriented environment. Small group lessons, only 2-6 students! We recommend the 23" to 25" rackets. Ages 5-7.

Cost: \$69 Resident, \$84 Non-resident  
Location: San Bruno City Park Courts #1-2  
Instructor: Whitlinger & Sarsfield Tennis Staff  
2402.301 Sat 11:00am-12:00pm 6/23-7/14  
2402.302 Sat 11:00am-12:00pm 7/21-8/11

## Quickstart Tennis (4 classes)

Kids will enhance their skill development with low compression tennis balls on the "60 ft. court". Play to learn! Ages 8-10.

Cost: \$69 Resident, \$84 Non-resident  
Location: San Bruno City Park Courts #1-2  
Instructor: Whitlinger & Sarsfield Tennis Staff  
2402.303 Sat 1:00-2:30pm 6/23-7/14  
2402.304 Sat 1:00-2:30pm 7/21-8/11

## Tiny Tot Gymnastics~ (6 Classes)

Your toddler/preschooler will build his/her motor skills while having fun! This course offers beginning gymnastics skills such as tumbling and balancing to develop strength, flexibility, coordination and self-confidence. Children will participate in activities that encourage personal growth and body awareness. Please have your child dress in comfortable clothing. Ages 4-8 years (mini session) Ages 3-5 (regular session).

Instructor: Laurie Loo  
Location: Millbrae Community Center, 477 Lincoln Circle  
Cost: \$85 Resident, \$100 Non-resident  
Mini Session:  
2418.301 MWF 3:30-4:15pm 6/11-6/22  
Regular Session:  
2418.302 T 3:30-4:15pm 7/31-9/4

## Music Together (8 classes)

Music Together is a weekly 45 minute class for parents and their children. You will sing, dance, laugh and play with your child while you are encouraging his/her natural musical ability. Through the guidance of a trained Music Together instructor, parents can support their child's musical growth at home via Music Together's award winning music, philosophy and methods. Each term, families receive two music CD's (one for the car and one for home), an illustrated songbook with educational info and music activity ideas and parent guide for new families. For more information contact Sandra at 415-799-6588. Ages Birth-5 years. No class 8/31, 9/1. Siblings under 11 months free.

Cost: \$154 Resident, \$169 Non-resident (cost includes \$40 lab fee)  
Sibling Cost: \$102 Resident, \$117 Non-resident  
Location: Recreation Center Meeting Room  
2109.301 F 10:45-11:30am 7/13-9/7  
2109.302 F 10:45-11:30am 7/13-9/7  
Location: San Bruno Library Downstairs Room  
2109.303 Sat 10:00am-10:45am 7/14-9/8  
2109.304 Sat 10:00am-10:45am 7/14-9/8

## Pre-Ballet Ages 3-4 (6 classes)

For children who want to try a ballet class, this is a fun introduction. Dancers learn basic ballet with an emphasis on creative expression. They use their imagination as they plie like fairies, tendue like chickens and jete like deer. Activities include stretching exercises, learning simple dances, free dancing with scarves and playing games that teach social skills. Dancers should wear simple leotards, tights and ballet slippers. For questions regarding your child's level or ability please call the instructor, Matrisha at 415-722-8281.

Cost: \$72 Resident, \$87 Non-resident  
Location: Recreation Center Meeting Room  
Instructor: Matrisha Person  
2103.302 M 10:45-11:30am 6/25-7/30



# Youth Enrichment Classes

## Youth Intro to Ice Skating (6 Classes)

During each six-week session, students will be introduced to basic ice skating skills. Each lesson provides 30 minutes of instruction and 30 minutes of practice time on the ice. (Practice time will be from 5:45 - 6:15 pm.) Be sure to dress warmly and wear thick socks. Skate rental is included in the class fee. Please be sure to arrive 20 minutes prior to lesson to check-in and put on skates. Ages 5-14.

Cost: \$65 Resident, \$80 Non-resident

Location: Ice Center at San Mateo, 2202 Bridgepoint Parkway, San Mateo (650) 574-1616

Instructor: Ice Center Staff

### 5-7 Year Olds

|          |   |             |           |
|----------|---|-------------|-----------|
| 3400.301 | M | 5:15-6:15pm | 6/4-7/9   |
| 3400.302 | M | 5:15-6:15pm | 7/16-8/20 |

### 8-14 Year Olds

|          |   |             |           |
|----------|---|-------------|-----------|
| 3400.303 | M | 5:45-6:45pm | 6/4-7/9   |
| 3400.304 | M | 5:45-6:45pm | 7/16-8/20 |

## Junior Dino Dig (1 class)

Ever wanted to go on a real Dino dig? Now you can and it won't cost you an arm and a leg. In this 1 hour class kids will each get a one of a kind block that has over 20 real fossils and minerals for us to dig out and identify. Kids will learn the art of digging out fossils and how scientist clean and preserve them. And most exciting of all they get to keep everything they find in their block!! Ages 4-over.


Cost: \$25 Resident, \$31 Non-resident

Location: Rotary Pavilion at San Bruno City Park

Instructor: Mario Cuellar

|          |     |               |      |
|----------|-----|---------------|------|
| 3217.301 | Sat | 10:00-11:00am | 6/16 |
| 3217.302 | Sat | 10:00-11:00am | 6/30 |
| 3217.303 | Sat | 10:00-11:00am | 7/14 |
| 3217.304 | Sat | 10:00-11:00am | 8/11 |

## Private Singing Lessons (4 classes)

 Private singing lessons are the key to singing with a powerful, beautiful voice. Let the staff at the Latimerlo Studio take you to the next level.

Be sure to impress at your next audition, performance, or karaoke night! Ages 9-over.

Cost: \$205 Resident, \$220 Non-resident

Lab Fee: \$20 for music book & CD

Instructor: The Latimerlo Studio Staff

Location: Recreation Center Conference Room 2

|          |    |             |          |
|----------|----|-------------|----------|
| 3221.301 | Th | 3:00-3:45pm | 6/7-6/28 |
| 3221.302 | Th | 3:45-4:30pm | 6/7-6/28 |
| 3221.303 | Th | 4:30-5:15pm | 6/7-6/28 |
| 3221.304 | Th | 5:15-6:00pm | 6/7-6/28 |
| 3221.305 | Th | 3:00-3:45pm | 7/5-7/26 |
| 3221.306 | Th | 3:45-4:30pm | 7/5-7/26 |
| 3221.307 | Th | 4:30-5:15pm | 7/5-7/26 |
| 3221.308 | Th | 5:15-6:00pm | 7/5-7/26 |
| 3221.309 | Th | 3:00-3:45pm | 8/2-8/23 |
| 3221.310 | Th | 3:45-4:30pm | 8/2-8/23 |
| 3221.311 | Th | 4:30-5:15pm | 8/2-8/23 |
| 3221.312 | Th | 5:15-6:00pm | 8/2-8/23 |

## Intro to Hockey Skating (6 classes)

This class is designed to teach basic ice hockey skating skills. Each of the six lessons will provide 30 minutes of instruction from 4:00-4:30pm. Basic forward skating is required to attend class. Students will learn to move, turn and stop in a controlled manner. Balance and use of blade edges, critical to a hockey player will be emphasized. This is not a hockey league, but rather a class in learning how to skate. Helmets with face masks and sticks are required. Class fee includes skate rental. All students get 6 free practice sessions at one of our public skate sessions (must be used prior to last class date). Dress warmly and wear thick socks. Please be sure to arrive 15 minutes prior to lessons to check in and get skates on. Ages 6-14.


Cost: \$65 Resident, \$80 Non-resident

Location: Ice Center at San Mateo, 2202 Bridgepointe Parkway, San Mateo (574-1616)

Instructor: Ice Center Staff

|          |   |             |           |
|----------|---|-------------|-----------|
| 3400.305 | T | 4:00-4:30pm | 6/5-7/10  |
| 3400.306 | T | 4:00-4:30pm | 7/17-8/21 |

## Mineral Prospecting (1 class)

 Go 49ers!!! Miner 49ers that is! Come join us **prospecting** for real mineral treasures like fools gold, rubies in the rough, citrine crystals, real amethyst points, rough emeralds, fossils and many more!!!! Join us for a Day of Fun panning for treasure and learn about how life was in San Francisco back in our mining era. Meet and greet an "Ancient miner from the past" and then everyone get a scoop of treasure filled dirt just for you to pan in our **Water Operated Sluice Machine**.

Cost: \$25 Resident, \$31 Non-resident

Location: Rotary Pavilion at San Bruno City Park

Instructor: Mario Cuellar

|          |     |               |      |
|----------|-----|---------------|------|
| 3217.305 | Sat | 10:00-11:00am | 6/16 |
| 3217.306 | Sat | 10:00-11:00am | 6/30 |
| 3217.307 | Sat | 10:00-11:00am | 7/14 |
| 3217.308 | Sat | 10:00-11:00am | 8/11 |

## Tae Kwon Do (8 classes)

Tae Kwon Do is not just for training in kicking, punching and self defense, it is also for mental and physical coordination. This class helps to maintain a safe, fun learning environment for the students. They will learn blocking, kicking, self defense, sparring drills, positions and forms. Students will gain confidence in their ability to do other difficult things in their life. Uniform and equipment available for purchase from instructor. No class 7/4. Ages 5-12.

Cost: \$99 Resident, \$114 Non-resident

Instructor: Jeanett Errington

Location: Recreation Center Meeting Room

|          |    |             |          |
|----------|----|-------------|----------|
| 3431.301 | MW | 3:00-4:30pm | 6/4-6/27 |
| 3431.302 | MW | 3:00-4:30pm | 7/2-7/30 |
| 3431.303 | MW | 3:00-4:30pm | 8/6-8/29 |

# Youth Enrichment Classes

## Aikido for Youth (8 classes)

In addition to being excellent physical exercise and effective self-defense, Aikido teaches smooth, balanced and relaxed movement. Aikido means "way of harmony" and is a philosophy integrating physical, spiritual and cultural values. Class is taught in a formal setting with the discipline and etiquette that reflect traditional Japanese Martial Arts. Email aikiodori@yahoo.com for information. Ages 7-13.

Cost: \$72 Resident, \$87 Non-resident

Location: Tanforan Professional Center,  
1405 B Huntington, SSF

Instructor: Robert Toyama

|          |      |             |           |
|----------|------|-------------|-----------|
| 3407.301 | T/Th | 6:00-6:45pm | 6/5-6/28  |
| 3407.302 | T/Th | 6:00-6:45pm | 7/3-7/26  |
| 3407.303 | T/Th | 6:00-6:45pm | 7/31-8/23 |

## New Kids Broadway Vocal Group (8 classes)

There's no business like show business! This exciting weekly vocal class will rehearse songs from Grease, Dr. Suess or the untold musical story of The Wizard of Oz's Wicked Witch and all of the other popular tunes in Broadway. Taught by an experienced Broadway and Jazz singer Ann Marie Andres, children will learn to how sing with clarity and conviction, and have more appreciation in musical theatre. Additional lessons for students who are interested in learning how to sing and perform individually will also be provided during group class lessons. This will help students acquire a feeling of self-confidence and personal power when singing in front of others. Performance opportunities will be provided. No class 9/1. Ages 6-16.

Cost: \$160 Resident, \$175 Non-resident

Location: ViBO Music Center, 488 San Mateo Ave.

Instructor: Ann Marie Andres

|          |     |             |           |
|----------|-----|-------------|-----------|
| 3117.310 | Sat | 4:00-5:00pm | 6/2-7/21  |
| 3117.311 | Sat | 4:00-5:00pm | 7/28-9/22 |

## Violin Workshop for Beginners (8 classes)

This class is for total beginners. Students will learn how to tune and hold the violin along with proper bow technique to produce nice sound on the instrument. We will teach you many fun tunes including well-known classical themes, fiddle tunes and popular tunes. If you don't have a violin, we'll provide a rental for you to take home. Rental fee is \$30 for 8-weeks, which will be collected at the first class. Please notify us when you sign-up if you need a rental. No class 9/1. Ages 6-over.

Cost: \$150 Resident, \$165 Non-resident

Lab Fee: \$10 for text book payable at first class

Location: ViBO Music Center, 488 San Mateo Ave., SB

Instructor: ViBO Music Staff

|          |     |             |           |
|----------|-----|-------------|-----------|
| 5117.314 | Sat | 1:00-2:00pm | 6/2-7/21  |
| 5117.315 | Sat | 1:00-2:00pm | 7/28-9/22 |

## Guitar Workshop for Beginners (8 classes)

Learn all the basics for the guitar. This 8-week hourly class is designed for beginners. You will learn basic posture, fundamental chords, strumming patterns, and well known songs from different genres. Learn scale and chord formations and how to apply to the guitar. Learn how to read guitar music and how to interpret sheet music downloaded from the Internet. Learn how to accompany yourself on guitar. No class 9/1. Ages 8-over. Adults Welcome.

Cost: \$150 Resident, \$165 Non-resident

Lab Fee: \$10 for text book payable at first class

Location: ViBO Music Center, 488 San Mateo Ave.

Instructor: ViBO Music Guitar Instructor

|          |     |             |           |
|----------|-----|-------------|-----------|
| 5117.303 | M   | 7:00-8:00pm | 6/4-7/23  |
| 5117.304 | Sun | 4:00-5:00pm | 7/8-8/26  |
| 5117.305 | Sat | 4:00-5:00pm | 7/28-9/22 |

## ViBO Youth Ensemble (11 classes)

For intermediate level students playing orchestral instruments with basic sight-reading skills, this weekly 60-min ensemble is highly focused to develop advanced chamber, ensemble performance techniques, and beginning orchestral performance ability as it opens the path for students to all forms of performance. Students will learn a variety of musical styles from baroque to contemporary, including orchestral excerpts, as well as explore techniques of individual performance skills needed to lead chamber, ensemble, and orchestra. Please contact ViBO Music at 650-877-0805 for a brief audition. No class 7/4.

Cost: \$220 Resident, \$235 Non-resident

Location: ViBO Music Center, 488 San Mateo Ave.

Instructor: ViBO Music Instructor

|          |   |             |           |
|----------|---|-------------|-----------|
| 5117.319 | W | 6:30-7:30pm | 6/13-8/29 |
|----------|---|-------------|-----------|

## Musical Crafts of the World (4 classes)

Children will learn about different cultures and their music. They will make their own musical instrument and learn the rhythms using those instruments. There will be a short performance at the end of the last class. Ages 6-12.

Cost: \$35 Resident, \$44 Non-resident

Lab Fee: \$15 payable to instructor at first class

Location: Recreation Center Ceramics Room

Instructor: Marilyn Bennett

|          |   |             |          |
|----------|---|-------------|----------|
| 2000.301 | T | 3:40-4:40pm | 6/12-7/3 |
|----------|---|-------------|----------|

# Youth Enrichment Classes

## Hip Hop (6 Classes)

In this high energy dance class students will learn basic hip hop steps and routines to their favorite age appropriate songs! Class will also focus on rhythm and coordination skills. Students will perform for friends and family on the last day of class! No class 7/4. Ages 6-12.

Cost: \$61 Resident, \$76 Non-resident  
Location: Recreation Center Meeting Room  
Instructor: Pacific Dance Company  
3104.301 W 6:00-6:45pm 6/20-8/1



## Dance Time for Children (8 classes)

Join us for this fun class to improve your child's performance skills and dance technique. Students learn the fundamentals of dance, including: how to stretch properly, ballet and jazz terminology and skills, and how to put their own individuality and sparkle into choreographed routines. Most importantly, this class will show you how musical theatre and dance can be so much fun! The class will present a performance to the parents at the end. No class 9/1. Ages 3-8.

Cost: \$160 Resident, \$175 Non-resident  
Instructor: ViBO Dance Instructor  
Location: ViBO Music Center, 488 San Mateo Ave.  
3117.318 Sat 10:00-11:00am 6/2-7/21  
3117.319 Sat 10:00-11:00am 7/28-9/22

## Mighty Mite Gymnastics~ (6 Classes)

This course offers an introduction to basic gymnastics skills and techniques. Classes focus on developing your child's strength, flexibility, coordination, and self-confidence through beginning tumbling and balancing skills. Children will participate in activities that encourage personal growth and physical fitness. Ages 4-8 (mini session). Ages 5<sup>1/2</sup>-12 (regular session).

Cost: \$85 Resident, \$100 Non-resident  
Instructor: Laurie Loo  
Location: Millbrae Community Center, 477 Lincoln Cir.  
Mini Session:  
3418.301 MWF 3:30-4:15pm 6/11-6/22  
Regular Session:  
3418.302 W 3:30-4:15pm 8/1-9/5

## Intermediate Gymnastics!~ (6 Classes)

This one hour class will teach intermediate gymnastics skills to children who enjoy the sport of gymnastics or for those who want to learn more fundamental techniques useful in other sports such as dance, martial arts, cheerleading, & diving. Recommended prior completion of Mighty Mite II Gymnastics and/or permission from instructor. Ages 6-12 (mini session) Ages 5<sup>1/2</sup>-12 (regular session).

Cost: \$85 Resident, \$100 Non-resident  
Instructor: Laurie Loo  
Location: Millbrae Community Center, 477 Lincoln Cir.  
Mini Session:  
3418.303 MWF 4:30-5:30pm 6/11-6/22  
Regular Session:  
3418.304 W 4:30-5:30pm 8/1-9/5

## Beginning Keyboards (8 Classes)

With guidance from the instructor, students will learn to play the piano in a fun group environment. The small group setting ensures students receiving individual attention. Class will cover how to read music, basic piano technique, rhythm, easy songs and chords. No class 9/2. Ages 7-14.

Cost: \$144 Resident, \$159 Non-resident  
Lab Fee: \$10 for text book payable at first class  
Location: ViBO Music Center, 488 San Mateo Ave.  
Instructor ViBO Piano Teacher  
3113.301 Sun 2:00-3:00pm 6/3-7/22  
3113.302 Sun 2:00-3:00pm 7/29-9/23

## Tap Dance for Children (9 classes)

Students will learn tap techniques as well as combinations and routines. Classes will help develop your child's balance, coordination and rhythm in a fun setting. Tap shoes and dance attire are required (NO STREET CLOTHES). Students must have instructor consent to enroll in Level I or Level II. No class 7/7 & 8/4 (dates subject to change). Ages 4-16.

Cost: \$80 Resident, \$95 Non-resident (Level 2 class only), \$66 Resident, \$81 Non-resident (all other levels)  
Instructor: Carol Costakis  
Location: Recreation Center Meeting Room  
Introduction  
3100.301 4-8yr Sat 11:00-11:25am 6/9-8/18  
3100.302 9-16yr Sat 11:30-11:55am 6/9-8/18  
Level 1\*  
3100.303 6-10yr Sat 10:00-10:40am 6/9-8/18  
3100.104 11-16yr Sat 12:00-12:25pm 6/9-8/18  
Level 2\*  
3100.305 9-12yr Sat 9:15-9:55am 6/9-8/18  
\*Need instructor consent to enroll.

## Mighty Mite 2 Gymnastics~ (6 Classes)

Your child has successfully completed Mighty Mite gymnastics and can easily do a backbend & cartwheel by his/her self and wants to learn more! This one hour class will focus on the skills learned in Mighty Mite Gymnastics to improve your child's form, strength, flexibility, and discipline. Ages 6-12 (mini session) Ages 5<sup>1/2</sup>-12 (regular session).

Cost: \$95 Resident, \$110 Non-resident  
Instructor: Laurie Loo  
Location: Millbrae Community Center, 477 Lincoln Cir.  
Mini Session:  
3418.305 MWF 4:30-5:30pm 6/11-6/22  
Regular Session:  
3418.306 T 4:30-5:30pm 7/31-9/4



# Youth Enrichment Classes

## Kidz Love Soccer

### Mommy/Daddy & Me Soccer (8 classes)

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing large motor and socialization skills. A variety of activities designed around the game of soccer will be played each week. Rainout Hotline: 1-888-372-5803. Ages 2-3<sup>1/2</sup>.

Cost: \$93 Resident, \$108 Non-resident

Location: Grundy Park, Cherry Avenue @ Park Avenue

Instructor: Kidz Love Soccer Staff

2419.301 F 11:30am-12:00pm 6/22-8/10

2419.302 F 6:00-6:30pm 6/22-8/10

### Kidz Love Soccer - Pre-Soccer (8 classes)

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment. **Shin guards are required after the first meeting.** Rainout Hotline: 1-888-372-5803. Ages 4-5.

Cost: \$93 Resident, \$108 Non-resident

Location: Grundy Park, Cherry Avenue @ Park Avenue

Instructor: Kidz Love Soccer Staff

2419.305 F 10:45-11:20am 6/22-8/10

2419.306 F 3:10-3:45pm 6/22-8/10

### Beginning Fencing (4 or 5 classes)

Come join us for a month of fun with the foil. In this month long fencing class, you will receive an introduction to the art of fencing. Every class will include warm-ups, footwork, attacks and fundamentals of defensive actions and bouting with a partner. A fun class while learning the basic strategy of foil fencing for a beginner, as well as a wonderful exposure to the modern art of fencing. Ages 7-14.

Cost: \$131 Resident, \$146 Non-resident (June only),

\$163 Resident, \$178 Non-Resident (July & August)

Materials Fee: \$20 payable to instructor at 1<sup>st</sup> Class

Instructor: SF Fencing Instructors

Location Barrett Community Center, 1835 Belburn, Belmont

3426.301 Sat 10:30-11:30am 6/2-6/30

3426.302 Sat 10:30-11:30am 7/7-7/28

3426.303 Sat 10:30-11:30am 8/4-8/25

Location 4000 Balboa St. @ 41st Ave, San Francisco

3426.304 Sat 10:00-11:00am 6/2-6/30

3426.305 Sat 10:00-11:00am 7/7-7/28

3426.306 Sat 10:00-11:00am 8/4-8/25

### Kidz Love Soccer - Tot-Soccer (8 classes)

Encourages large motor skill development through fun soccer games and introduces small children to a group setting. Little tykes will enjoy running and kicking just like the big kids! **Shin guards are required after the first meeting.** Rainout Hotline: 1-888-372-5803. Ages 3<sup>1/2</sup>-4.

Cost: \$93 Resident, \$108 Non-resident

Location: Grundy Park, Cherry Avenue @ Park Avenue

Instructor: Kidz Love Soccer Staff

2419.303 F 10:15-10:45am 6/22-8/10

2419.304 F 5:15-5:45pm 6/22-8/10

### Kidz Love Soccer - Soccer 1 (8 classes)

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun "skill" games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. **Shin guards are required after the first meeting.** Rainout Hotline: 1-888-372-5803. Ages 5-6.

Cost: \$93 Resident, \$108 Non-resident

Location: Grundy Park, Cherry Avenue @ Park Avenue

Instructor: Kidz Love Soccer Staff

3419.301 F 3:45-4:30 6/22-8/10



### Soccer Skillz & Scrimmages~ (8 classes)

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class we will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. This is the perfect bridge from our Soccer 1 classes for those who are aspiring to the next level. All levels of skill are welcome to learn and enjoy the world's most popular sport! Shin guards are required and each participant will receive a soccer jersey. Rainout Hotline: 1-888-372-5803. Ages 7-10.

Cost: \$104 Resident, \$119 Non-resident

Location: Grundy Park, Cherry Avenue @ Park Avenue

Instructor: Kidz Love Soccer Staff

3419.302 F 4:30-5:15pm 6/22-8/10

# Youth Enrichment Classes

## Traditional Chinese Instrument Ensemble

Ever get fascinated by the amazing sound of the traditional Chinese instruments? Here's your chance to play them. Taught by an experienced teacher, you will learn the fundamental technique to play the instruments. You will also learn some traditional Chinese tunes and play them in a supportive group environment. No prior musical experience needed. No class 5/26, 9/1. Ages 7-over.

Cost: \$150 Resident, \$165 Non-resident  
Location: ViBO Music Center, 488 San Mateo Ave. SB  
Instructor:  
5117.313 Sat 5:00-6:00pm 6/2-7/21  
5117.314 Sat 5:00-6:00pm 7/28-9/22

## Learn to Play Basketball (8 classes)

Basketball provides a new perspective for players by learning new drills, how to pass, shoot and dribble. Players will also work on mental game preparation, conditioning and team concepts. Kids will learn to love, respect and appreciate the sport. Each child should bring a basketball to every class as well as wear black shorts, tennis shoes and a white t-shirt. Ages 5-12 years.

Cost: \$99 Resident, \$114 Non-resident  
Location: Recreation Center Gym  
Instructor: Jeanett Errington  
3423.301 T/Th 3:00-5:00pm 6/5-6/28  
3423.302 T/Th 3:00-5:00pm 7/3-7/26  
3423.303 T/Th 3:00-5:00pm 7/31-8/23

## Internet Based Driver Education

Driver education is a California-required course for teens to receive a driver's license. It is the first step that must be taken so the teen can receive a driver's permit. The course includes much parental involvement and is fun, interactive and educational. Course work can be completed at any time of the day or night. Students may choose from an internet course or a home study course. DMV-accepted completion certificates issued upon successful completion of the course. Class does not include behind the wheel driving. Once you register for the class, you will be notified by e-mail within 48 hours with an access code. You can register at any time and complete the course at the student's pace. Home study course includes printed materials. Ages 14-18.

Instructor: Self Taught - Allgood Education Corp  
Location: Internet  
Day/Time: Available 24 hours a day

Cost: \$81 Resident, \$96 Non-resident  
4210.301 Internet  
Cost: \$96 Resident, \$111 Non-resident  
4210.302 Home Study Course

## Introduction to Jujitsu and Judo (9 classes)

This class will cover the use of leverage and off balancing to throw your opponent to the ground. We will also practice how to fall safely, plus joint locks and other techniques that can be used from a standing position or from the ground, with applications for both self-defense and competition. The class will also help improve flexibility and core strength, and will be an excellent cardio workout. Please wear loose clothing and sweats. Ages 14-over.

Cost: \$85 Resident, \$100 Non-resident  
Location: Cahill's Judo Academy, 635 San Mateo Ave.  
Instructor: Willy Cahill & Staff  
3401.301 M 7:00-8:30pm 6/11-8/6

## Volleyball Private Lessons

Private lessons available! One-on-one or small groups. Call Lynn at 650-615-9201 to set up appointments.

  
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# Adult Enrichment Classes

## Self Defense Introduction & Basics (3 classes)

This class will help empower you by giving you the tools, skills and confidence you need to identify, avoid and survive an attack by preparing you both mentally and physically. You will learn the essence of both physical and mental preparedness against an unprovoked attack. Learn techniques of defending yourself against an unarmed attacker. Learn to defend yourself against knife, bat, and other weapon attacks. You will get hands on experience in fending off attackers. Ages 13-17.

Cost: \$30 Resident, \$38 Non-resident

Location: Recreation Center Meeting Room B

Instructor: Robert Louie & Herb Leung

|          |   |             |           |
|----------|---|-------------|-----------|
| 5415.301 | T | 7:00-8:30pm | 6/5-6/19  |
| 5415.302 | T | 7:00-8:30pm | 6/26-7/10 |
| 5415.303 | T | 7:00-8:30pm | 7/17-7/31 |
| 5415.304 | T | 7:00-8:30pm | 8/7-8/21  |



## Chinese Martial Arts Kung Fu (6 Classes)

In this class, students will learn fundamental building blocks that will help develop skills required in more advanced levels of Kung Fu training. Learn the origin of Chinese Martial Arts, customs and philosophies, and in turn develop a respectful attitude toward others and themselves. Students will learn basic stances, punches, footwork, practical self-defense techniques, and a Northern Shao-Lin form. Uniform and equipment may be purchased from instructor. Students signing up for Beginner II must have completed the Beginner I class and permission from Instructor. Ages 13-over.

Cost: \$76 Resident, \$91 Non-resident

Location: Monte Verde School, 2551 St. Cloud Dr.

Instructor: Robert Louie & Herb Leung

Beginner I

|          |   |             |           |
|----------|---|-------------|-----------|
| 5401.301 | F | 6:45-7:45pm | 6/8-7/13  |
| 5401.302 | F | 6:45-7:45pm | 7/20-8/24 |

Beginner II

|          |   |             |           |
|----------|---|-------------|-----------|
| 5401.303 | F | 7:45-8:45pm | 6/8-7/13  |
| 5401.304 | F | 7:45-8:45pm | 7/20-8/24 |

## Aikido For Beginning Adults (Coed) (12 classes)

The techniques of Aikido emphasize redirecting the energy and force of an assailant's attack in order to subdue him. Aikido increases stamina, improves coordination and stresses non-aggression and harmony with your partner. In addition, Aikido is an excellent means of physical exercise and effective self-defense. Call (650) 872-2968 for information. Ages 14-over.

Cost: \$91 Resident, \$106 Non-resident

Location: Tanforan Professional Center, 1405 B Huntington, SSF

Instructor: Masatoshi Morita

|          |        |               |          |
|----------|--------|---------------|----------|
| 5406.301 | MWF    | 10:00-11:00am | 6/4-6/29 |
| 5406.302 | T,W,Th | 7:10-8:00pm   | 6/5-6/28 |
| 5406.303 | MWF    | 10:00-11:00am | 7/9-8/3  |
| 5406.304 | T,W,Th | 7:10-8:00pm   | 7/10-8/2 |

## Aikido for Beginning Adult Women (4 classes)

The techniques of Aikido emphasize redirecting the energy and force of an assailant's attack in order to subdue him. Aikido increases stamina, improves coordination and stresses non-aggression and harmony with your partner. In addition, Aikido is an excellent means of physical exercise and effective self-defense. Ages 13-over.

Cost \$67 Resident, \$82 Non-resident

Location: Tanforan Professional Center, 1405 B Huntington, SSF

Instructor: Sue Gorte

|          |   |             |           |
|----------|---|-------------|-----------|
| 5406.305 | M | 7:10-8:00pm | 6/4-6/25  |
| 5406.306 | M | 7:10-8:00pm | 7/2-7/23  |
| 5406.307 | M | 7:10-8:00pm | 7/30-8/20 |

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# Adult Enrichment Classes

**For additional information regarding the Adult Sports Leagues, contact Danielle at 650-616-7182.**

## Adult Summer Softball

The Summer Softball League will begin play in mid June. Teams will play an eight game schedule with the top four teams advancing to a single elimination playoff. Each league will be limited to five teams. Registration packets are available at the San Bruno Recreation Department. Ages 18 & over or high school graduate. Registration Deadline: Thursday, May 3  
League Nights:

Monday - Recreational Coed (5450.301)

Tuesday - Men's C (5450.302)

Wednesday - Men's D (5450.303)

Friday - Men's D (5450.305)

Tentative Game Times: 8:00pm & 9:00pm

Location: Lion's Field

League Fee: \$760 per team (discount of \$60 if you have 5 San Bruno residents or more)

## Adult Summer Soccer

### Open Play (Coed)

The Recreation Division in conjunction with AYSO Soccer will run a drop in Soccer program. Games will be both short sided and full sided depending on number of players each night. Teams will be formed each night when players arrive. Games will be officiated by certified referees. Individuals can purchase a \$100 punch pass or a \$50 punch pass at the Recreation Center. Insurance is included for players. Ages 18 & over.

Nights: Thursday

Game Times: 5:30pm, 6:15pm, 7:00pm  
(30 minute games)

Location: Lions Field, end of 1<sup>st</sup> Avenue

Punch Passes: \$100 (10 punch card) or \$50 (5 punch card)



## Individual Tennis Lessons

Learn new strokes or improve your old ones through individualized lessons. For all ages, beginners to advanced. Please visit [WhitlingerSarsfieldTennis.com](http://WhitlingerSarsfieldTennis.com) for contact information. Only checks payable to SAN BRUNO RECREATION will be accepted (no cash or credit card payments will be accepted). Payment for lesson(s) must be given to instructor at the time of your first lesson.

Instructor: Stanford Coach John Whitlinger & USPTA Pro Tom Sarsfield's Staff

Location: San Bruno City City Park Tennis Court #1

Fee: \$60 Resident, \$75 Non-resident (one hour)

\$160 Resident, \$175 Non-resident (3 hours)

Add \$5 per hour for each additional person

Code: 5402.309 (one hour)

5402.310 (3 hours)

## Novice/Low Intermediate Tennis (6 classes)

Develop the essential techniques with emphasis on control, depth, and direction on the "78 ft. court" with regulation tennis balls. Lessons will also incorporate basic strategy and tactics.

Cost: \$69 Resident, \$84 Non-resident

Location: San Bruno City Park Courts #1-2

Instructor: Whitlinger & Sarsfield Tennis Staff

5402.301 Sat 9:30-11:00am 6/23-7/14 (15-over)

5402.302 Sat 9:30-11:00am 7/21-8/11 (15-over)

5402.303 Sat 2:30-4:00pm 6/23-7/14 (11-14yrs)

5402.304 Sat 2:30-4:00pm 7/21-8/11 (11-14yrs)

Enjoy top-flight instruction from the staff of Stanford University Tennis Coach John Whitlinger and USPTA Professional Tom Sarsfield. Youth and adult classes of 3-8 students will consist of six hours of instruction. Classes of two students and Terrific Tiny Tennis classes will consist of four hours of lessons. Students provide own rackets.

**IMPORTANT:** In case of rain, check with the instructor at the court. If at any time the instructor is absent, report to the next scheduled lesson for makeup date. **NO POSTPONEMENT ANNOUNCEMENT WILL BE INITIATED BY THE INSTRUCTOR OR THE REC. DEPT.** Unless notified to the contrary, make up lessons will be forwarded to the next normal meeting day and time. However, Sundays may be used at the instructor's discretion. **NOTE:** If an earlier class is postponed due to rain, all the following classes may also be postponed that day even if the courts become dry.

# Adult Enrichment Classes



## Financial Literacy 101 (1 class)

- Setting Financial Goals
- Budgeting and Controlling Debt
- Saving and Investing
- Assets vs. Liabilities

Cost: \$10 Resident, \$13 Non-resident

Location: Recreation Center Conference Room 1

Instructor Richard Bologna

5804.301 W 7:00-8:30pm 6/27



## Options for Retirement Plan Distribution (1 class)

- Why retirees often outlive their savings
- What to do with your Retirement Account when you leave your employer
- Cashing it in
- Leaving it where it is
- Transferring to a new employer's plan
- Rollovers into IRAs
- Investing in mutual funds
- The difference a few percentage points in average rates of return can make.

Cost: \$10 Resident, \$13 Non-resident

Location: Recreation Center Conference Room 1

Instructor Richard Bologna

5804.303 W 7:00-8:30pm 8/22



## Weight Conditioning (24 classes)

This course focuses on the major components of exercise that construct an overall fitness program. Students will learn to construct a fitness program that encompasses all of the major components to an exercise program. Weight Training programs will reflect fitness goals such as body fat loss, strength gain, muscle mass gain, or sport performance enhancement. Students will learn techniques that will help them maintain a healthy lifestyle for a lifetime. Ages 18-over.

12 Use Punch Card: \$99 Resident, \$114 Non-resident

Location: Recreation Center Weight Room

Instructor: Rachelle Marquez

5912.301 T&Th 3:30-4:30pm 6/5-8/23

## How to Pay for College (1 class)

- The Importance of a college education
- Projecting college expenses
- The five ways people pay for college
- Tax deferred college investing: Education Savings Accounts and 529 Plans
- Investment approaches: Be careful of the "Kiddie Tax"
- The cost of waiting too long to start college investment
- The college needs analysis

Cost: \$10 Resident, \$13 Non-resident

Location: Recreation Center Conference Room 1

Instructor Richard Bologna

5804.302 W 7:00-8:30pm 7/25



## Healthy Living to 100 (1 class)

One of the biggest factors that determines how well you age is not your genes but how well you live. Not convinced? Luck and genetics play roles in longevity, of course, but you can't control that. To hike your odds of hitting 100, focus on what you can do, like loading up on fruits and veggies (add five years), working out five days a week (add two to four years), and cutting down on stress (may add up to six years). Dr. Simon Yu will go over these topics and other helpful tips to Healthy Living to 100. All ages.

Cost: \$20 Resident, \$25 Non-resident

Location: Recreation Center Conference Room 2

Instructor: Dr. Simon Yu, D.C.

5616.301 T 7:30-8:30pm 6/19



## Living Without Headaches (1 class)

Does Real Headache relief continue to be just beyond your reach? Do you suffer from Migraine Headache or recurring Headaches, or Cluster Headaches? What Causes Headache? Many people are asking that same question. What causes headache can be a number of different things. A constant headache can be a real worry. Wondering what actually causes a headache, presupposes that you are interested in treating the cause of different types of headaches rather than just swallowing pain medication. Scientists have yet to completely unravel the cause or causes of headaches. In reality, your chances of truly resolving your headaches are higher by eventually looking into core Migraine relief alternatives, than just taking drugs. Dr. Simon Yu will teach you ways to live pain free of your headaches. He will show you how to enjoy a more pain free life. All ages.

Cost: \$20 Resident, \$25 Non-resident

Location: Recreation Center Conference Room 2

Instructor: Dr. Simon Yu, D.C.

5616.302 T 7:30-8:30pm 8/14

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Español: 415-424-3898  
Email: zarella@hotmail.com



# Adult Enrichment Classes

## Fitness Boot Camp (varies)

Come join this fun fast paced, high intensity exercise class. We will work on improving cardio vascular endurance, strength and flexibility using calisthenics, free weights, medicine balls, agility ladders, stairs and more. You **WILL** see results all while having a great time in a supportive group atmosphere. Open to all fitness levels. Babies in strollers welcome. Bring a mat, water and a towel. No class 6/8, 7/16, 7/18, 7/20, 7/23, 7/25. Ages 18-over. Under 18 ok with parent permission.

Instructor: Traci Dos Santos

Location: San Bruno Park & Gymnasium

Punch Card: \$100 (10 classes), \$50 (5 classes)

10 Punch Pass:

5419.101 M,W,F 8:30-9:30am 6/1-8/31

5 Punch Pass:

5419.101 M,W,F 8:30-9:30am 6/1-8/31

## Yoga (6 Classes)

Yoga means union and is designed to assist in integrating mind, body and spirit. Each yoga posture not only helps us to relax, strengthen and tone, but also aids in opening major energy centers. Over time, many of us build up and hold blocked energy within, creating tension, stress and disease, which limits us from vibrating at our highest level. Take time for yourself and join this non-competitive, relaxing and life-giving environment. No previous experience is necessary. Please bring a mat or towel. It is best not to eat prior to class. No class 7/23. Ages 15-over.

Cost: \$54 Resident, \$63 Non-resident

Drop In: \$12 Resident, \$15 Non-resident

Location: Recreation Center Meeting Room

Instructor: Linda Russell

|          |   |             |           |
|----------|---|-------------|-----------|
| 5601.301 | M | 7:00-8:30pm | 6/4-7/9   |
| 5601.302 | M | 7:00-8:30pm | Drop In   |
| 5601.303 | M | 7:00-8:30pm | 7/16-8/27 |
| 5601.304 | M | 7:00-8:30pm | Drop In   |

## WHY GO ANYWHERE ELSE?

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### Business Retirement Plans

### Individual Retirement Accounts

### Retirement Plan Rollovers and Consolidation

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\*Estate-planning services are offered through Edward Jones Trust Company. Edward Jones Trust Company and Edward Jones are separate subsidiaries of the Jones Financial Companies, L.L.P.



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# Adult Enrichment Classes

## Compost Workshop (1 class)

The County of San Mateo Master Composting Volunteers will provide a workshop to the public to educate and demonstrate how to compost and worm compost. Each class is 2 hours long (will cover the same material) and since the instructors are volunteers there may be different instructors for different days. All volunteer Master Composters have completed an intensive Master Composter Training Program of 20 initial hours and monthly in-service training. Ages - All Welcome!

Pre-registration for this class is desired. In the case of no enrollment, class will be cancelled two days prior to class date.

Cost: Free

Location: Recreation Center Conference Room 2

Instructor: County of San Mateo Master Composters

|          |     |              |      |
|----------|-----|--------------|------|
| 5205.301 | T   | 6:30-8:00pm  | 6/19 |
| 5205.302 | Sat | 9:30-11:00am | 7/21 |
| 5205.303 | Sat | 9:30-11:00am | 8/18 |

## Stress Reduction and Energetic

### Fitness for Adults (10 classes)

In this class, you will learn simple yet effective techniques that will reduce high blood pressure, increase blood circulation, and increase muscular strength. The techniques and exercises are a combination of Tai Chi (low impact movement), Chi Gong (breathing exercises and the usage of sound for healing), and other philosophical traditions (meditations and exercises to increase focus and reduce internal dialogue). Each week, you will enter an adventure in learning how to relieve the mind, body, and internal organs of everyday stress, and to create within yourself your own energy resource program! No class 5/25. Ages 18-over.

Cost: \$150 Resident, \$165 Non-resident

Location: ViBO Music Center, 488 San Mateo Ave., SB

Instructor: Anthony Michael Peterson

|          |   |             |           |
|----------|---|-------------|-----------|
| 5117.307 | F | 7:00-8:00pm | 5/18-7/27 |
|----------|---|-------------|-----------|

## Stinkin Money Thinkin (1 class)

You gain skills to identify self-defeating emotions related to how you think in respect to wealth. Once you are trained to identify and change your "Stinkin Money Thinkin" you are equipped to achieve your life dreams. Ages 18-over.

Cost \$36 Resident - \$43 Non-resident

Location: Recreation Center Conference Room 1

Instructor: Connie Johnson

|          |    |             |      |
|----------|----|-------------|------|
| 5528.301 | Th | 6:00-7:30pm | 7/12 |
| 5528.302 | Th | 6:00-7:30pm | 8/16 |

New

## Ballpark Metrics (aka: learning the metric system without a calculator) (1 class)

When you are faced with metric units, how do you convert to imperial units when you have no calculator or formula? Benchmark them! This is a hands on involvement class where you learn by doing. When you learn to see, feel, and breath in metric units, you'll no longer feel the need to remember what a peck, a pint, or a pound is. But should you ever lose your bearings, you can use these quick metric/imperial benchmarks to convert length, distance, temperature, weight and volume. Who should take this class? carpenters, cooks, travelers, and anyone who wants to know how the rest of the world lives, thinks, and measures. Make life easier for yourself and learn metric. Discover today what the rest of the world already know! Jeffrey Tong is a CA credentialed adult education multiple-subject teacher. Ages 18-over.

Cost: \$25 Resident, \$31 Non-resident

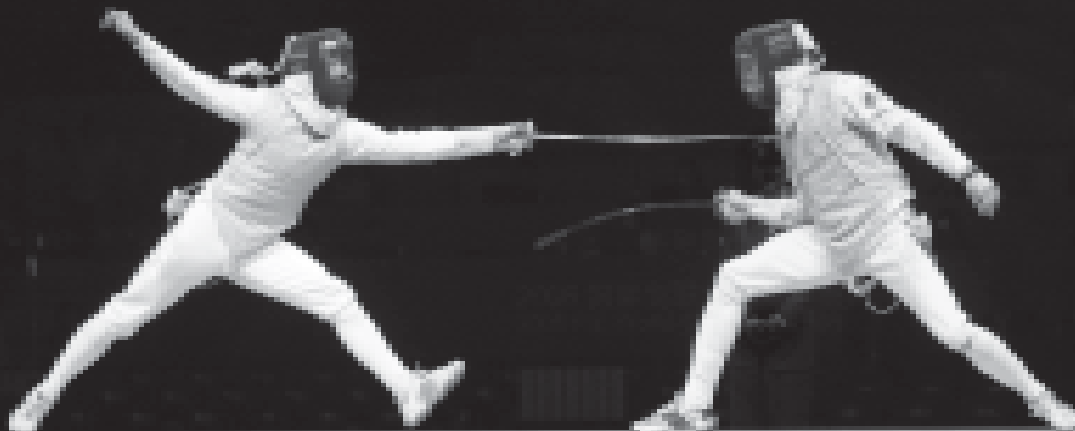
Location: Recreation Center Conference Room 1

Instructor: Jeffrey Tong

|          |    |             |      |
|----------|----|-------------|------|
| 5535.301 | T  | 6:30-8:30pm | 6/19 |
| 5535.302 | Th | 6:30-8:30pm | 7/26 |
| 5535.303 | T  | 6:30-8:30pm | 8/21 |

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# Adult Enrichment Classes

## American Line Dancing as Low Impact & Low Intensity Exercise Program (8 Classes)

Line dancing is for fun and for exercise. Open to all adults that enjoy dancing! Get lively, move with confidence, and stay fit while having fun with or without a partner. Learn the various forms of American Line Dancing (e.g. Slide, Country Line, Flowing Waltz, Boogie, Cha-Cha, Tango, Rumba, Foxtrot, Salsa Shuffle, Mambo, Samba, Shimmy, Bachata, Jive and more). You will be surprised by the variety of music we dance to. Review lessons always included before each dance. No class 7/5. Ages 18-over.

### Mix Level 1 & 2 (6:30-7:30pm)

### Open Dancing (7:30-8:30pm)

Cost: \$64 Resident, \$79 Non-resident  
Drop In Fee: \$10 Resident, \$13 Non-resident  
Location: Recreation Center Community Room  
Instructor: Allen Isidro  
5107.301 Th 6:30-8:30pm 6/21-8/16  
5107.302 Th 6:30-8:30pm Drop In

### Zumba (11 or 6 Classes)

Zumba is a dance fitness class that incorporates Latin and international music and dance moves. It's a great way to burn some calories while having fun. Class will include dance moves such as Cumbia, Salsa, Samba, Reggeaton and more. No dance experience needed. No class 7/4. Ages 18-over.

Location: Recreation Center Meeting Room A  
Instructor: Karen Ojakian  
Cost: \$88 Resident, \$103 Non-resident  
Drop In: \$12 Resident, \$14 Non-resident  
5909.301 MW 12:00-1:00pm 6/4-7/11  
5909.302 MW 12:00-1:00pm 7/16-8/22  
5909.303 Drop In

Cost: \$48 Resident, \$60 Non-resident  
Drop In: \$12 Resident, \$14 Non-resident  
5909.304 Th 6:00-7:00pm 6/7-7/12  
5909.305 Th 6:00-7:00pm 7/19-8/23  
5909.306 Drop In

## Belly Dance (8 Classes)


Are you tired of Aerobics or don't find Jazzercise very creative? Try Belly Dance! A dance with ancient origins, it is not only great exercise, but also is highly individualistic, allowing each dancer to develop her own unique style. Instruction includes dance styles from Egypt (Cabaret, Ghawazee, Saidi), Tunisia, Morocco, Turkey, Persia and Afghanistan. The course, for beginning through advanced teens and adults, will also include instruction in costuming techniques appropriate to each style. Bring three yards of sheer 45 inch wide fabric and a set of four finger cymbals. Ages 13-over. Females only.

Cost: \$48 Resident, \$60 Non-resident  
Location: Monte Verde Elementary School, 2551 St. Cloud Dr.  
Instructor: Nancy Hernandez  
5106.301 M 7:00-9:00pm 6/4-7/23

## Social Ballroom Dance (6 classes)

When you go to dance, do you envy those couples gliding around the floor? Join the beginning class and learn the basics in the Samba, Rumba, Cha Cha, Waltz, Foxtrot, Swing, Mambo, Tango and more. The Intermediate Class is a continuation of instruction from the Basic Class with the addition of NEW and advanced steps with emphasis on styling in all the dances. One basic series required before attending Intermediate Class. New intermediate steps every series. FOR COUPLES ONLY. Ages 16-over.


Cost: \$95 Resident, \$110 Non-resident (per couple)  
Location: Forest Hill Christian Church,  
250 Laguna Honda Blvd. SF  
Instructor: Bart & Judy Lewis  
5105.301 Beg Th 7:30-8:30pm 7/12-8/16  
5105.302 Inter Th 8:30-9:30pm 7/12-8/16



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## Drop In Gym

### Mondays & Wednesdays - Basketball

**Gym will reopen April 2!**

San Bruno's Gymnasium is located at  
251 City Park Way

*(Participants must show proof of age by valid California ID or Drivers' License or School ID).*

|  |   |
|--|---|
| <p><b>\$4-Adult Open Play</b><br/>Basketball<br/>17 &amp; Over<br/>7:30-9:15pm</p> | <p><b>\$2-Youth Open Play</b><br/>Basketball<br/>16 &amp; Under<br/>6:30-7:30pm</p> |
|--|---|

This schedule is subject to change for special events & holidays



# Adult Enrichment Classes

## Creative Ceramics (8 classes)

Here's your chance to make individualized gifts for those special friends. Our new kiln is here and we will be trying some experimental glazes in a controlled firing. Our glazes are oven and microwave safe as well as food safe. The class is open to beginners and advanced students. Coil, pinch and slab work will be covered wheelwork introduced. Create your own casserole dishes, platters, mugs and sculptures with microwaveable - lead free glazes. Learn hand work as well as wheel throwing, slab, coil and sculpture introduced. Lab fee covers cost of glaze and firing. Clay is available at cost. Wear your old clothes or smocks! No class 7/3, 7/4. Ages 15-over.

Cost: \$46 Resident, \$57 Non-resident

Lab Fee: \$10 payable to instructor at first class

Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett

|          |   |              |          |
|----------|---|--------------|----------|
| 5002.301 | T | 6:30-9:15pm  | 6/12-8/7 |
| 5002.302 | W | 9:30-11:45am | 6/13-8/8 |

## Sketching, Painting & Watercolor (8 classes)

Sketching and drawing will be done using the "Right Side of the Brain" techniques, which encourages an original and inspirational approach. Students will learn how to handle water interactive, spontaneous, fresh way, techniques of watercolor will be covered. Emphasis on color blending, values building and composition will also be covered. Please bring any brushes, sketchbooks and watercolor paper you will need. Brushes are also available through the instructor at a minimal cost. This class is open to all beginning and intermediate students. Ages 15-over.

Cost: \$38 Resident, \$47 Non-resident

Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett

|          |   |              |          |
|----------|---|--------------|----------|
| 5004.301 | T | 6:30-9:15pm  | 6/12-8/7 |
| 5004.302 | W | 9:30-11:45am | 6/13-8/8 |

## Special Needs

### Wednesday Social Event Night

Looking to socialize with other Special Needs teens and adults? Wednesday nights at the Veterans Memorial Recreation Center is the place to be! Each Wednesday from 7:00-9:00pm, we do various activities that may include leaving the Recreation Center. Please call Jennie at 616-7184 and leave your address to receive a newsletter and obtain more information about our events.

## Porcelain Dolls (8 classes)

Create a doll for someone special and a gift that can be treasured forever. Complete a doll of your choice in porcelain. After using our molds, you will be instructed in cleaning and finishing techniques as well as china painting to decorate dolls. A wide variety of dolls will be reproduced, antique as well as new modern dolls are available from 2" to 36". Supplies, greenware, china paints and tools purchased separately from instructor. No class 7/3, 7/4. Ages 15-over.

Cost: \$46 Resident, \$57 Non-resident

Lab Fee: \$10 payable to instructor at first class

Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett

|          |   |              |          |
|----------|---|--------------|----------|
| 5001.301 | T | 6:30-9:15pm  | 6/12-8/7 |
| 5001.302 | W | 9:30-11:45am | 6/13-8/8 |

50+ Ceramic classes & Oil Painting offered at the Senior Center by the San Mateo Adult Education. For more information see 50+ pages or contact the Senior Center at 650-616-7150.

## New Essential Oils (2 classes)

aromatherapy -n. the use of fragrant essential oils extracted from plants as a treatment in complementary medicine to relieve tension and cure certain minor ailments Essential oils are natural aromatic compounds found in the seeds, bark, stems, roots, flowers, and other parts of plants. In addition to their intrinsic benefits to plants and being beautifully fragrant to people, essential oils have been used throughout history in many cultures for their medicinal and therapeutic benefits. Modern scientific study and trends towards more holistic approaches to wellness are driving a revival and new discovery of essential oil health applications. Learn why people are incorporating essential oils into their daily lives. Taught by Penny Blensdorf a wellness consultant for doTERRA Essential Oils who enjoys helping people. Penny holds a BS in Human Services from Notre Dame de Namur University. Ages 18-over.

Cost: \$25 Resident, \$31 Non-resident

Location: Recreation Center Conference Room 2

Instructor: Penny Blensdorf

|          |    |             |      |
|----------|----|-------------|------|
| 5615.301 | T  | 7:00-9:00pm | 6/19 |
| 5615.303 | W  | 7:00-9:00pm | 7/11 |
| 5615.304 | Th | 7:00-9:00pm | 8/2  |

# Adult Enrichment Classes

## ***Fantastic Parent Child Oportunities*** ***Create a lifelong memory creating art with your child this summer***

### **Special Glass Class (4 classes)**

Come and Make a Bowl, Plate or Sun Catcher or Fused Glass Jewelry. Now that we have the new kiln you must come and try a larger glass project. This class will be making a beautiful glass piece using one of our glass slumping molds. Special fusing glass and copper and other metal shapes that will be fired in between the glass layers, then slumped into a mold to create it's shape. Special glass paints will be fired into the glass to create other design elements. If you choose to make jewelry, you will make several sets of pendants and earrings, beautiful pins or a combination of stunning jewelry. Come and create something beautiful!

Cost: \$68 Resident, \$83 Non-resident (individual)  
\$120 Resident, \$135 Non-resident (parent/child)  
Lab Fee: \$20 per person payable to instructor at first class  
Location: Recreation Center Ceramics Studio  
Instructor: Charna Conway  
Individual:  
5015.301 Th 5:30-7:30pm 7/19-8/9  
Parent/Child:  
5015.302 Th 5:30-7:30pm 7/19-8/9

### **Learn the Art of Beading Workshop (1 class)**

Learn all of the beading basics in this workshop. This workshop includes all of the basic techniques that you will need to make beautiful beaded jewelry. You will learn how to attach findings so that you can attach any closure on a necklace or bracelet. You will make a beautiful glass bead bracelet with a toggle closure. Other skills you will learn is how to make perfect loops and wraps. Tools will be provided, however if you have beading tools, please bring them. All findings, beads and accessories will be included in your lab fee. Time permitting you will learn tricks for using stretch elastic bracelets.

Cost: \$38 Resident, \$48 Non-resident  
Lab Fee: \$20 payable to instructor at first class  
Location: Recreation Center Ceramics Studio  
Instructor: Charna Conway  
5015.305 Sat 9:30am-1:30pm 7/21



### **Beginning & Advanced Mosaics (4 classes)**

Whether you are a beginner or advanced student, you will always learn something new in this class. Advanced students will explore new techniques, materials, and opuses in this class. Come and learn the beautiful and extraordinary craft of mosaics! After completing this course you will not only come away with a masterpiece of your own, but the basic knowledge of surface preparation, adhesives, grouting, how to compose a design and other basic mosaic techniques. All of your tools and supplies will be provided. Just wear your old clothes and prepare to have fun. You will master this versatile art form that you will want to apply to all sorts of objects. You will learn something new every time you take this class.

Cost: \$54 Resident, \$68 Non-resident (individual)  
\$94 Resident, \$109 Non-resident (parent/child)  
Lab Fee: \$15 per person payable to instructor at first class  
Location: Recreation Center Ceramics Studio  
Instructor: Charna Conway  
Individual:  
5015.303 Th 5:30-7:30pm 7/19-8/9  
Parent/Child:  
5015.304 Th 5:30-7:30pm 7/19-8/9

### **Landscape Education Program sponsored by BAWSCA**

(Bay Area Water Supply & Conservation Agency)

#### **Switch to Drip Workshop Saturday, May 12 9:00am-12:00pm**

This is a hands-on workshop that will teach you how to install or convert to drip irrigation in a space that will be come a demonstration native garden. Ask about the Lawn Be Gone? Rebate Program and how it pays to replace your lawn. Located at the San Bruno Fire Station #51, 555 El Camino Real.

#### **California Native Plants Workshop Saturday, May 19 9:00am-12:00pm**

This hands-on workshop will develop a community demonstration garden while teaching you how to design and create your own California Native landscape. Ask about the Lawn Be Gone! Rebate Program and how it pays to replace your lawn. Located at the San Bruno Fire Station #51, 555 El Camino Real.

Classes are free but registration is required. Visit [www.bawscs.org](http://www.bawscs.org) or call 650-349-3000.

# Adult Enrichment Classes

## Cake Decorating I (4 classes)

In this class you will learn the basics of cake decorating and more! This class will cover everything you need to get started decorating cakes that will impress you, your friends and family. We will learn to make roses, level a cake, make icing, make decorative strokes such as stars, shells, leaves, stems and clowns. After the first week students will need to bring icing as well as a cake or cupcakes to decorate. Ages 16-over.

Cost: \$55 Resident, \$69 Non-resident  
Lab Fee: \$40 payable to instructor for cake decorating kit  
Location: Recreation Center Tiny Tots Room  
Instructor: Christine Hopkins  
5024.301 W 6:30-8:30pm 6/6-6/27

## Cake Decorating II~ (4 classes)

This class is for those wanting to expand their cake decorating skills. We will work with fondant, gum paste, royal icing, color flow and buttercream. We will learn techniques that will take your cakes beyond ordinary. This class is for those with knowledge of the skills taught in Cake Decorating I. If you have any questions, please contact the instructor at [hopkinsce@yahoo.com](mailto:hopkinsce@yahoo.com). Ages 16-over.

Cost: \$55 Resident, \$69 Non-resident  
Lab Fee: \$40 payable to instructor for cake decorating kit  
Location: Recreation Center Tiny Tots Room  
Instructor: Christine Hopkins  
5024.302 W 6:30-8:30pm 7/11-8/1



## Beginning Sewing (4 classes)

Have a sewing machine and don't know where to start? Start with this class. This class will cover the basics and get you sewing! Learn how to select a pattern, and read a pattern. We will prepare, layout and cut the pattern pieces. And finally, we will sew the items in class. We will make two easy projects – perfect for beginners. Don't worry if you have no sewing experience – just come to class with a willingness to learn, and you will be sewing in no time! Ages 16-over.

Cost: \$55 Resident, \$69 Non-resident  
Lab Fee: \$5 payable to instructor at class  
Location: Recreation Center Tiny Tots Room  
Instructor: Christine Hopkins  
5024.303 T 6:30-8:30pm 6/5-6/26

## Adult Intro to Ice Skating (6 classes)

You can have fun learning how to ice skate while getting some exercise too! Basic skating skills will be covered in these six-week courses. Class fee includes one-half hour lesson, skate rental and practice time immediately following each lesson. Be sure to dress warmly and wear thick socks. Please be sure to arrive 15 minutes prior to lesson to check-in and get skates on. Ages 16-over.

Cost: \$65 Resident, \$80 Non-resident  
Location: San Mateo Ice Center, 2202 Bridgepointe Parkway, San Mateo  
Instructor: Ice Center Staff  
5400.301 Th 7:00-8:00pm 6/7-7/12  
5400.302 Th 7:00-8:00pm 7/19-8/23

## Intermediate Sewing (4 classes)

Know how to sew, but want to learn more? In this class, we will work on techniques to expand and improve your sewing. We will make at least one project in class. The class is very hands on. Supply list will be provided prior to class. If you have any questions, please contact the instructor at [hopkinsce@yahoo.com](mailto:hopkinsce@yahoo.com). Ages 16-over.

Cost: \$55 Resident, \$69 Non-resident  
Lab Fee: \$5 payable to instructor at class  
Location: Recreation Center Conference Room 2  
Instructor: Christine Hopkins  
5024.304 T 6:30-8:30pm 7/10-7/31



## San Bruno Lions We Serve

Please support your local  
Lions Club activities.

All proceeds go back into  
our community!

*Make a difference, become a Lion.  
Contact Dave at 650-619-2486.*

*Paid Advertisement*



# Adult 50+ Travel & Day Trips

San Bruno Senior Center 1555 Crystal Springs Road - 650-616-7150

## Register for the following excursions at the San Bruno Senior Center

### Wine Tasting & Johnny Garlics

Friday, May 18

**\$82 per person**

First enjoy a hosted lunch at Johnny Garlics in Santa Rosa, co-owned by Food Network star Guy Fieri. After lunch you will continue on to Geyserville for a private wine tasting at Francis Ford Coppola Winery. Coppola's vision for his winery is "a wine wonderland, a park of pleasure where people of all ages can enjoy all the best things in life....A place to celebrate the love of life." Our wine tasting will be hosted by members of the winery's entertaining hospitality staff. Throughout the tasting they will educate us about the more than forty wines produced on site in their state of the art wine making facility surrounded by sustainably farmed vineyards.

### Elvis...Manny's Way

(A Fundraiser for the San Bruno Senior Center)

Saturday, July 21

7:00 – 10:00pm

**\$10 in advance, \$12 at the door**

A one-hour Elvis & Johnny Cash show followed by more singing & dancing with Manny! Includes light snack and a cash bar. Tickets available for purchase at the San Bruno Senior Center.

## Indian Casino Day Trips

Depart San Bruno Park Pool Parking Lot at 8am and travel to an Indian Casino where you will enjoy casino action. Sign up at the San Bruno Senior Center only. Ages 50+

### **Feather Falls - \$30**

Thursday, June 28

\$10 casino cash

### **Cache Creek - \$36**

Tuesday, July 24

\$10 casino cash, \$2 Food Coupon

### **Thunder Valley - \$36**

Thursday, August 29

\$10 casino cash

### High Gas Prices? No Place To Park?

Why not try the BUS and leave  
the driving to us!

Door to Door Service to  
the Senior Center for San Bruno Residents  
Phone 616-7150

### 9 to 5 the Musical

Wednesday, June 20

**\$95 per person**

Join the San Bruno Seniors where you will first stop at the Claim Jumper for a hosted lunch. Then it is off to the Willows Theatre Company for a performance of 9 to 5 the Musical. From the multiple Grammy Award-winning songwriter Dolly Parton comes 9 to 5 The Musical, a production based on the hit 1980 movie about three office workers who are "just a step on the bossman's ladder" and their plan to get even with the egotistical, lying and hypocritical bigot. When their plan spins wildly out of control the situation becomes hilarious and the laughter is non-stop.

### A Mystery Trip

Friday, July 20

**\$85 per person**

A great time is planned for you on this trip. But...Shhhhhh! It's a surprise!

### Overnight Reno Trips

Trip includes an overnight stay at the Silver Legacy Hotel in Reno, food coupons and cash bonus. If you have additional questions, please contact Barbara Luzaich at 650-583-6745. Sign up at the San Bruno Senior Center only. Ages 50+

Cost: \$100 per person double occupancy, \$115 per person single occupancy

Days: Sunday & Monday

Dates: July 29 & 30

Time: 8:00am

Pick Up Location: San Bruno Park Pool Parking Lot

# San Bruno Senior Center - Adults 50+

1555 Crystal Springs Road - 650-616-7150

## Art & Special Interests, Exercise, Music & Dance

### Mondays

|   |         |
|---|---------|
| 3-Mile Hike.....                            | 8:15am  |
| *Ceramics .....                             | 9:00am  |
| Zumba Gold.....                             | 9:45am  |
| *A Conversation in the Arts.....            | 10:00am |
| Ballroom Dancing (to live music).....       | 11:00am |
| Advanced Tap Dance.....                     | 12:20pm |
| *Great Cities and Customs of the World..... | 1:00pm  |
| Computer Club.....                          | 1:00pm  |
| BINGO.....                                  | 1:10pm  |
| Beginning Tap.....                          | 1:15pm  |
| Jazz Dance.....                             | 2:10pm  |
| Karaoke Class.....                          | 3:00pm  |
| *Gentle Pilates.....                        | 3:30pm  |
| *Yoga for Health.....                       | 4:30pm  |

### Tuesdays

|                             |         |
|-----------------------------|---------|
| Fun & Fitness Exercise..... | 9:00am  |
| Spanish Lessons.....        | 10:00am |
| Dance Party - DJ.....       | 10:30am |
| Computer Club.....          | 1:00pm  |
| Ukulele Lessons.....        | 1:00pm  |
| Ballroom Dance Lessons..... | 2:00pm  |

### Wednesdays

|   |         |
|---|---------|
| 3 Mile Hike.....  | 8:15am  |
| Advanced Western Line Dancing.....                                | 9:00am  |
| Stained Glass.....  | 9:30am  |
| Eye Glass Repair.....(2 <sup>nd</sup> & 4 <sup>th</sup> Wed)..... | 10:00am |
| Ballroom Dance (to live music).....                               | 10:45am |
| Computer Club.....  | 1:00pm  |
| *Current Affairs.....   | 1:00pm  |
| Beginning Western Line Dancing.....                               | 1:00pm  |
| BINGO.....  | 1:10pm  |
| Intermediate Western Line Dancing.....                            | 2:00pm  |
| Men's Haircuts....(1 <sup>st</sup> & 3 <sup>rd</sup> Wed).....    | 2:45pm  |
| Tai Chi.....  | 3:15pm  |
| *Qi Gong: Gentle Meditative Exercises.....                        | 4:30pm  |

### Daily Drop In Activities

Puzzles  
Pool Tables  
Cards

Weekly Pedro Tournaments  
Monday and Friday afternoon Bridge Club

Lunch & Transportation programs sponsored in part  
by San Mateo County Area Agency on Aging.

### Thursdays

|  |         |
|--|---------|
| Fun & Fitness Exercise.....                      | 9:00am  |
| Creative Writing.....                            | 10:00am |
| *Yoga .....                                      | 10:00am |
| *Oil/Acrylic Painting.....                       | 12:30pm |
| Softball .....                                   | 9:30am  |
| Grief & Loss Support Group.....                  | 10:30am |
| Ballroom Line Dancing.....                       | 1:00pm  |
| Pedro.....                                       | 12:00pm |
| Thursday Night BINGO.....                        | 5:00pm  |
| (sponsored by Non-Profit Nutrition Site Council) |         |

### Fridays

|   |         |
|---|---------|
| 3 Mile Hike.....  | 8:15am  |
| Advanced Tap Dance.....                                   | 9:00am  |
| Knitting.....   | 9:00am  |
| Movie (1 <sup>st</sup> Friday).....                       | 9:30am  |
| Music Sing Along (One Friday per month).....              | 11:00am |
| Computer Club.....  | 1:00pm  |
| Bridge.....   | 1:00pm  |
| Gardening Class.....                                      | 1:00pm  |
| BINGO.....  | 1:10pm  |
| Ping Pong (2 <sup>nd</sup> & 4 <sup>th</sup> Friday)..... | 1:30pm  |

### \*Sponsored by San Mateo Adult Education

#### San Mateo Adult Education Programs

Held at San Bruno Senior Center

All seniors (50+) are invited to participate in all classes.  
Co-sponsored with San Mateo Union High School District. There is a nominal fee for the above co-sponsored programs.

| Class                   | Instructor     | Day | Times         |
|-------------------------|----------------|-----|---------------|
| Ceramics                | Ann Grannis    | M   | 9am           |
| Conversation in Arts    | Adam Donovan   | M   | 10am          |
| Stories of Our Heritage | Adam Donovan   | M   | 1pm           |
| Pilates                 | Stephanie Funk | M   | 3:30pm        |
| Yoga for Health         | Charla Jean    | M   | 4:30pm        |
| Qi Gong                 | Mary Carrigan  | W   | 4:30pm        |
| Current Affairs         | Jack Mather    | W   | 1-2:30pm      |
| Yoga                    | Rebecca Blake  | Th  | 10:30-11:30am |
| Painting                | Jeri McGovern  | Th  | 12:30-3:30pm  |

Individual Class Fees range from free to \$5 per class.

Adult Education Classes: \$30 Class Card per course  
for 65+. \$50 Class Card per course for 50-64 years.

# Adults 50+ Clubs & Services

1555 Crystal Springs Road - 650-616-7150

## Social Service Hotline 1-800-675-ties (8437)

### American Association of Retired Persons (AARP)

Monthly meetings at the San Bruno Senior Center, second Saturday of each month, 9:00am – 12:30pm.

### Computer Club

Membership is open to everyone over 50. We offer classes (including beginners), practice time and coaching. Current information is posted on the Club Bulletin Board in the Center's Conference Room. Questions call (415) 334-3434.

### Blood Pressure Checks

Come have your blood pressure and glucose screened the second Tuesday and last Friday of each month from 9:30-11am. There is no charge for this service. This program is sponsored by Senior Focus, Mills-Peninsula Health Services and San Mateo County Aging & Adult Services. 60 years and older.

### Health Insurance Counseling and Advocacy Program (Hicap)

Call 1-800-434-0222 to speak to our volunteer health insurance counselor who is available for Tuesday appointments. She will help answer your questions about medicare and health insurance issues including HMO's and Long Term Care.

### Call 211

Get Help:

- ➔ services for children
- ➔ care for an elderly parent
- ➔ food, shelter, employment
- ➔ healthcare...and much more!

Can't dial 211?

Call 1-800-273-6222

TTY 415-808-4440 or 711 or visit [www.211BayArea.org](http://www.211BayArea.org)

- ✓ Free & Confidential
- ✓ Multi-Lingual
- ✓ Available 24/7

### Social Services

Susan Mrsny at (650) 616-7155 is available to assist and answer questions pertaining to senior health care, transportation, employment, respite care, tax assistance, social security, insurance, home delivered meals, housing, and more. If you are homebound or know of someone who can use assistance or support, call Susan. There is no charge for this valuable service for San Bruno residents, but donations are accepted.

### Minor Home Repair Program for Senior Homeowners

If you have problems with Screen Doors, Broken Windows or have Minor Plumbing Repairs, or need grab bars, hand rails, call North Peninsula Neighborhood Services to see if you qualify for assistance. 650-583-3373.

### Help at Home: A Guide to Assist San Mateo County Residents to Remain at Home

The Help at Home guide is a mini-reference guide designed to assist San Mateo County adults of all incomes to remain in their homes when they are ill, disabled, or in crisis. The guide includes listings for Aging & Adult Services of San Mateo County, adult day care centers, grocery and meal delivery services, dining centers, home care services, home health agencies, medical insurance assistance, loan closets, medical equipment, support groups, transportation, and more.

Help at Home is published by the San Mateo County Commission on Aging and the Peninsula Library System and contains no advertisements. Spanish and Chinese versions are available and an online version can be accessed at [www.sanmateo.networkofcare.org/aging](http://www.sanmateo.networkofcare.org/aging). To obtain a free copy of the booklet, please call San Mateo County Aging & Adult Services at 650-573-3910 or call Susan Mrsny at the San Bruno Senior Center at 650-616-7155.



# Adults 50+ Activities

1555 Crystal Springs Road - 650-616-7150

## AARP Driver Safety Program

8:30am-12:30pm

July 18 & 20

AARP & San Bruno Senior Center sponsors a refresher-driving course for adults 50 and over. The cost is \$12 for AARP Members and \$14 for Non-AARP Members for two 4-hour sessions. Call the Senior Center to register.

## Fun & Fitness Exercise Class

Tuesday & Thursday - 9-10am

A light aerobic workout including stretches, choreographed to lively music. Get your body moving and join the fun!

Fee: \$3 for San Bruno Residents, \$3.50 for Non San Bruno Residents

## Bocce Ball for Players 50+

SUMMER LEAGUE STARTS JULY 30

|          |                |               |
|----------|----------------|---------------|
| Mondays  | 9:00am-1:00pm  | Starting 7/30 |
| Tuesdays | 11:30am-3:30pm | Starting 7/31 |
| Friday   | 9:00am-1:00pm  | Starting 8/3  |

Registration Deadline: July 13

League Fee: \$5 per person per league day for non members, Free for 2012 members

Four person teams plus one alternate.

Sign up at the San Bruno Senior Center or call Mary Tessier at 616-7152.

All Bocce Players Welcome.

## Zumba Gold

Join us for this new exercise sensation, which is an exciting and fun dance workout to a fusion of Latin and International music. Zumba Gold is a slower version of the same class designed so that even beginners can enjoy a safe, yet dynamic workout.

Instructor: Kathy Schmidt

Mondays, 9:45-10:30am

4<sup>th</sup> Friday of each month, 10:00am

\$4 Resident, \$5 Non-resident

One Saturday a month, 9:30am

\$8 Resident, \$10 Non-resident

## Summer Horseshoe League

League Begins July 11

Registration Deadline June 22

League plays Wednesdays from 9:30-11:30am at Beckner Shelter in San Bruno City Park.

Two Person Teams

League Fee: \$5 for non-members

Free for members

For more information, call Mary at 650-616-7152.

## Softball League

Team of enthusiastic players (50+) who practice and play softball on Thursday mornings (usually 9:30am-Noon) at Diamond #2 in San Bruno City Park. New players, male and female, encouraged to join us for some fun and exercise.

League Fees: \$10 per person

For more information call Mary at 650-616-7152.

## August Summer Fun

August 10-17, 2012

A week of sports & recreational activities for adults 50-over.

|               |         |                               |
|---------------|---------|-------------------------------|
| Fri., 8/10:   | 1-3pm   | Table Tennis                  |
| Mon., 8/13:   | 12:30pm | Billiard Tournament           |
| Tues., 8/14:  | 8:00am  | Water Aerobics                |
|               | 1:15pm  | Walk/Hike (\$5)               |
| Wed., 8/15:   | 9:00am  | Horseshoe Tournament          |
| Thurs., 8/16: | 10:00am | Softball Game & Picnic (\$5)  |
| Fri., 8/17:   | 10:00am | Party with California Cowboys |
|               |         | Lunch, Music & Dancing        |
|               |         | \$8 Advance, \$10 Door        |

Most events are free. Some trophies & medals will be awarded. For more information or to register for an event, contact Mary at 650-616-7152.

## STEP OUT FOR



## SENIORS

FRIDAY, MAY 18, 2012

8:00 AM - 1 PM

**\$10 REGISTRATION FEE INCLUDES:**

8:00am - 6 Mile Sawyer Camp Trail Walk

9:00am - Fitness walk around San Bruno City Park

10:00am - Health Information

11:00am - Entertainment

12:00pm - Lunch

Fee includes walk, transportation to Sawyer Camp Trail, lunch, entertainment and t-shirt (for first 20 people to sign up for each walk).

Co-sponsored by

Marymount Greenhills Retirement Center

PRE-REGISTER BY MAY 6<sup>TH</sup> AT THE  
SAN BRUNO SENIOR CENTER  
1555 CRYSTAL SPRINGS ROAD  
650-616-7150

# Lunch Program

1555 Crystal Springs Road - 650-616-7150

Pick up your monthly Senior Center Activities Bulletin at the Senior Center Reception Desk and check out our daily lunch menu! Our talented chef, Gloria Deeter prepares food onsite to provide you with delicious meals that you can enjoy with your friends on the deck overlooking Junipero Serra Park or in our beautiful dining room. If you're at least 60 years old (and registered), the requested donation for each meal is only \$3.00. Registration is easy. Just stop by and we'll show you how. If you're younger than 60, the cost for each meal is \$5.50. Co-sponsored by San Mateo County Area Agency on Aging.

## "Freddie's Cafe"

Monday - Friday  
8:00am-4:00pm

Now serving Espressos, Lattes,  
Mochas, Cappuccinos, Speciality Drinks, Chai Tea,  
Hot Chocolate, Tea, Hot Apple Cider, Italian Sodas,  
and Sandwiches!  
OPEN TO THE PUBLIC!

## Salad Bar

Monday - Friday  
11:00am - 12:15pm  
\$3.50 Donation

For people 60+ and registered for the Senior  
Center Lunch Program

## Fun Events at San Bruno Senior Center

**Friday, May 11**

Mother's Day Party

**Friday, May 18**

Step Out for Seniors

**Friday, June 15**

Father's Day Celebration

**Tuesday, July 3**

Independance Day Party

**Saturday, July 21**

Elvis...Manny's Way

**Friday, August 17**

End of Summer Party with  
The California Cowboys

## Your Annual SBSC Voluntary Membership Application is waiting for you at the Senior Center Reception Desk.

Annual Membership fee is \$15 per year for San Bruno Residents, \$20 for non-residents. All membership donations are tax deductible and support the non-profit Information/Referral, Transportation, and Lunch Programs.

The benefits package includes:

One Lunch Ticket - \$3 value

One Free Happy Hour - \$5 value

One Free Biscotti or Pastry at Coffee Bar - \$1 value

Waive Senior Center League participation fees for

Bocce, Horseshoes and Softball - \$55 value

Free use of the Billiards Table - \$20 value

Plus the satisfaction of supporting the San Bruno Senior  
Center - priceless

## August Summer Fun Party featuring California Cowboys & Kathy Schmidt

Friday, August 17

10:00am-1:00pm

\$8 in advanced & \$10 at the door

Includes Western Line Dance Lessons, Music and  
Dancing, BBQ lunch. Tickets available at the  
Senior Center.

The Non-Profit Senior Services Program  
Sponsors

## Thursday Night BINGO

Doors open at 5:00pm

Games begin at 6:45pm

Open to the Public

Maximum payouts- 4 Early Birds; 17 regular  
games and much, much more!

## Sunday Dances

### 1<sup>st</sup> Sunday of the Month

Line Dance with Jeanette Feinberg & Tina Beare

1:00-4:00pm, \$5 - 50+ only.

Refreshments, lessons and dancing!

### 3<sup>rd</sup> Sunday Dances

Come and dance the afternoon away with the Bob Gutierrez Band. Refreshments served.

Your hosts: Raoul Epling & Akira Tsunoda

1:00-3:30pm, \$5 per person

### Last Sunday Dance

Last Sunday of each month. Refreshments served.

Live music with the Bob Gutierrez Band. Your hosts:

Raoul Epling & Akira Tsunoda

1:00-3:30pm, \$5 per person

# Health History Form

(must be returned with Camp Kaleidoscope, Mini Kaleidoscope, Adventure Camp and Ramp It Up registration and to attend the Summer Playground Program)

Participant's Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_  
Address: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Parent or Legal Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_  
\_\_\_\_\_ Phone: \_\_\_\_\_

If parent is not available in an emergency, notify:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relation: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relation: \_\_\_\_\_

## Health History:

Food Allergies: \_\_\_\_\_ Symptoms: \_\_\_\_\_

Insect Allergies: \_\_\_\_\_ Symptoms: \_\_\_\_\_

Asthma History: \_\_\_\_\_ Symptoms: \_\_\_\_\_

Diabetes: \_\_\_\_\_ Symptoms: \_\_\_\_\_

Seizure History: \_\_\_\_\_ Symptoms: \_\_\_\_\_

Medications: \_\_\_\_\_

Any other operations, serious injuries, chronic or recurring illnesses we should be aware of:

Any specific activities to be restricted:

**Important: Please notify the Recreation Leader if this participant has been exposed to any communicable disease during the 3 weeks prior to attendance or at any time during participation.**

Parents' Authorization: This health history is correct so far as I know, and the person herein described has permission to engage in all prescribed activities, except as noted by me.

In the event I cannot be reached in an EMERGENCY, I hereby give permission to physician selected by parent or legal guardian or the recreation leader to hospitalize, secure proper treatment for, and to order injection anesthesia or surgery for my child, named above.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date



# Registration Information & Instructions

Registration begins immediately.

## Five Easy Ways To Register:

### 1. Mail-In

Mail completed form, payment, and health form if appropriate, in a sealed envelope to:  
Veterans Memorial Recreation Center  
567 El Camino Real  
San Bruno, CA 94066  
Attn: Class Registration

### 2. Drop Off

Place completed form and payment in a sealed envelope in the "Registration Drop Box" at the Recreation Center, Monday-Thursday 8:30am-8:30pm, Friday 8:30am-4:30pm, and Saturday, 9:30am-12:30pm or in the mailbox outside the building anytime.

### 3. Fax-In

**(650) 583-2545**

Fax registrations will be accepted when paying by VISA or MasterCard. Please write clearly. Fax registration will be compiled with that day's mail.

### 4. Internet Online Registration

To register from the comfort of your home, visit the Community Services Activity Guide website at [www.sanbruno.ca.gov](http://www.sanbruno.ca.gov). A convenience fee applies.

### 5. Walk-In

Monday-Thursday, 8:30am-8:30pm, Friday, 8:30-4:30pm and Saturday, 9:30am-12:30pm. Bring completed form to the Veterans Memorial Recreation Center in San Bruno City Park, 251 City Park Way.

## E-Mail Addresses

San Bruno Recreation Services Division will be asking for your e-mail address when you register for classes so we can contact you with updates, bulletins, and special event notices. We will not sell or share your address. You will always have the option to opt out of our address list.

## Photo Use

The City of San Bruno reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of the City of San Bruno and may be used for publicity, promotional or website purposes only.

## Independent Contractors

Many recreation classes are being provided by contract with an independent vendor. While the City of San Bruno has reviewed the vendor's qualifications, experience, and suitability for providing the class, the City may not have screened the individual employees of the vendor.

## Registration Information

1. There will be a \$26 fee for each returned check; payment must be made by money order or cash.
2. Resident fee applies to anyone living within the San Bruno City limits, all others must pay non-resident fee.
3. For classes located on school grounds, use of tobacco products is prohibited.
3. For hearing impaired persons, call California Relay Services at 1-800-735-0373 (Voice) or 1-800-735-0193 (TTY).
4. Make checks payable to "San Bruno Recreation".
5. A registration confirmation will be emailed to you so don't forget to include your email address.
6. DO NOT mail cash.
7. Visa/MasterCard payment is available. Accurately complete the designated box on the registration form.

## San Bruno Resident Status

Residents live or own property in the City of San Bruno. All others are non-residents. We may require proof of residency. Acceptable proof of residency could be a current tax, utility bill or driver's license.

## Program Participation Minimums

In order to provide a positive experience for residents, each class, program or activity has a minimum participation requirement. From time to time, a program may be cancelled due to minimum participation numbers not being met. All participants are urged to enroll early to avoid programs being cancelled.

## Refund Policy

Full refunds will be issued only upon the Department's cancellation of a class or activity. Please allow 3 weeks for refunds to be processed. If you choose to withdraw from a class at least 3 working days prior to the first class meeting, you will receive a refund for the amount of the class, less a \$6.00 service charge per activity. If you choose to withdraw from a class less than 3 working days prior to the first class meeting, you may not receive a refund for that class. All refund requests will be taken on a case-by-case basis.

## Swim Lesson Refund Policy

Anyone who wishes to cancel a swim lesson must contact the pool office at least 24 hours in advance. All cancellations will incur a \$6 fee.

## Right to Deny Service

In the interest of the safety and well being of all participants, the City of San Bruno reserves the right to deny service to any participant.

# Registration Form



Please fill out the form below and mail with your payment to:

MAILING ADDRESS:

Veterans Memorial Recreation Center  
567 El Camino Real  
San Bruno, CA 94066  
650-616-7180 (phone)  
650-583-2545 (fax)

PHYSICAL ADDRESS:

251 City Park Way  
San Bruno, CA 94066

Payer Name: \_\_\_\_\_  
(First Name) (Middle Initial) (Last Name)

Address: \_\_\_\_\_  
(City) (Zip)

Home Phone:( ) \_\_\_\_\_ Day Phone:( ) \_\_\_\_\_ Emergency:( ) \_\_\_\_\_

Email address: \_\_\_\_\_

Receive your receipt by email and be included in our regular email updates.

| Participant's Full Name | Grade | Sex M/F | Birthdate (all participants) | Code Number 1 <sup>st</sup> Choice | Code Number 2 <sup>nd</sup> Choice | Activity / Goblin Grotto Time Slot | Program Fee |
|-------------------------|-------|---------|------------------------------|------------------------------------|------------------------------------|------------------------------------|-------------|
|                         |       |         |                              |                                    |                                    |                                    |             |
|                         |       |         |                              |                                    |                                    |                                    |             |
|                         |       |         |                              |                                    |                                    |                                    |             |
|                         |       |         |                              |                                    |                                    |                                    |             |
|                         |       |         |                              |                                    |                                    |                                    |             |
|                         |       |         |                              |                                    |                                    |                                    |             |
|                         |       |         |                              |                                    |                                    |                                    |             |
|                         |       |         |                              |                                    |                                    |                                    |             |
|                         |       |         |                              |                                    |                                    |                                    |             |

☐ Yes, I have added \$\_\_\_\_\_ to support the Youth Recreation Scholarship Program. Total Fees  

**Liability Release:** In consideration of my application for the above activity, I hereby waive, release, and discharge any and all claims for damage for death, personal injury or property damage, which I may have, or which may hereafter occur to me, as the result of participation in said event or activity. This release is intended to discharge in advance the City of San Bruno, its officers, employees, agents or volunteers from liability, even though that liability may arise out of negligence or carelessness on the part of persons or entities listed above. It is understood that some recreational activities involve an element of risk or danger of accidents, and knowing these risks, I hereby assume those risks. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns. In the interest of the safety and well being of all participants we reserve the right to deny service to any participant. By signing this release, I agree to the use of my name and/or photo for City publicity. The city is not responsible for lost or stolen items.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Parental Consent:** (To be completed if applicant is under 18 years of age): I give my consent for my son/daughter \_\_\_\_\_ to participate in the above activity and I execute the above liability release on his/her behalf. I have read and understood the foregoing registration form, liability release form, and parental consent form, and agree to all their terms and conditions.

It's Easy! You can even use your credit card!

☐ Visa ☐ M/C

Signature \_\_\_\_\_

Card Number \_\_\_\_\_

Exp. Date \_\_\_\_\_

*I authorize the above charges.*

# Community Organizations & Sports Groups

## Sports Contacts

### Baseball

**Tee Ball & Peewee League** (5-10 yrs) - Ray Scarabosio...689-5543  
League Mar-Jun, Sign-ups begin in Jan [www.sbpw.org](http://www.sbpw.org)

**Junior Giants** (7-12 yrs) - Lorry Greenberg.....873-0856  
League: July-Aug, Sign-ups last Sat in April [jrgiants.org](http://jrgiants.org)

**Fall Baseball** (10-14 yrs) - Jim Thiel.....589-4432  
League: August-November, Sign-ups June 9 & 16

**Bronco Division** (11-12 yrs) - John SeEVERS.....871-8493  
League: Mid February-June, Sign-ups end of January

**Pony Division** (13-14 yrs) - Jim Thiel.....589-4432  
League: Mid February-June, Sign-ups end of January

**Colt League** (15-16 yrs) - Dave Stagnaro.....583-3497  
League: Mid May-Mid July, sign-ups last two Sat. in Feb.

**DiMaggio Team** (16-18 yrs) - (Summer)  
Tom Lara.....589-4430  
Bob Nolan.....952-6833  
League: End of May-Mid August, sign-ups in February

**DiMaggio Team** (16-18 yrs) (Winter)  
Tom Lara.....589-4430  
or Lee Graf.....873-6416  
League: September-November, sign-ups in August

**American Legion** (16-18 yrs) (Summer & Fall)  
Lynn Berliner....873-0918  
League: End of May- Mid August & September-Mid November, sign-ups end of February

### Softball

**Girls Minor League** (6-13 yrs)-Tanya Borghello....872-0274  
League: Mid February-Mid May, sign-ups Mid October  
[www.sanbrunogirlssoftball.com](http://www.sanbrunogirlssoftball.com)

**Girls Major League** (13-18 yrs)-Tanya Borghello....872-0274  
League: End of May - Mid July, sign-ups late March  
[www.sanbrunogirlssoftball.com](http://www.sanbrunogirlssoftball.com)

**Men's & Coed League** - Danielle Brewer.....616-7182  
League: Spring, Summer, Fall - April through October

**50+ Daytime League** - Mary Tessier.....616-7152

### Football

**West Bay Rams** (5-15 years)  
Football & Cheerleaders.....270-1523  
[www.eteamz.com/westbayrams/](http://www.eteamz.com/westbayrams/)

**Men's Flag Football League** - Danielle Brewer.616-7182

### Soccer

**A.Y.S.O.** (4-18 years) -  
Mike Yip.....873-2976  
[www.sanbrunoayso.org](http://www.sanbrunoayso.org)

**Lowen Soccer Club** - Charlie Rigggenberg.....636-3243  
[www.lowen83.com](http://www.lowen83.com) - [lowensoccer@gmail.com](mailto:lowensoccer@gmail.com)

### Bocce Ball

50+ Spring, Summer & Fall - Mary Tessier.....616-7152

### Cheerleading

Ultimate All Stars Competitive Cheer & Dance  
Dee Williams.....504-8015

## Community Clubs & Organizations

#### BOY SCOUTS OF AMERICA

Contact Council Headquarters at 341-5633

#### FRIENDS OF THE SAN BRUNO PUBLIC LIBRARY

Contact Karen Mayers, President, 952-2035

#### GIRL SCOUTS OF AMERICA

[www.girlscoutsnorcal.org](http://www.girlscoutsnorcal.org)  
Contact 1-800-447-4475

#### BLOOD CENTERS OF THE PACIFIC

Contact 369-8211

#### GOLDEN CHORDSMEN OF SAN MATEO COUNTY

Men Who Love To Sing. All are invited to join.  
Contact 344-SING for more information

#### SAN BRUNO 4H CLUB

Farm Phone Number 588-9549  
Contact Pat Bohm at 873-2850 or  
Jane Stahl at 583-7249

#### SAN BRUNO AARP

Contact Bill Goff at 583-4499

#### SAN BRUNO AMERICAN LEGION

Contact Bill Michelini at 589-3102

#### SAN BRUNO CHAMBER OF COMMERCE

Contact Laura Baughman at 588-0180  
[www.sanbrunochamber.com](http://www.sanbrunochamber.com)  
[office@sanbrunochamber.com](mailto:office@sanbrunochamber.com)

#### SAN BRUNO COMMUNITY GARDENS

Contact Helen Kiefer at 871-1958  
Garden is located at the south end of First Avenue  
near Lions Field.

#### SAN BRUNO LIONS CLUB

Contact Harry Costa at 871-9425  
Posy Parade - 1<sup>st</sup> Sunday in June!

#### SAN BRUNO MOTHERS CLUB

Contact 286-7591  
website: [www.sanbrunomothersclub.com](http://www.sanbrunomothersclub.com)

#### SAN BRUNO POLICE RESERVES

Contact Sergeant Dermot Downes at 616-7100  
[d downs@ci.sanbruno.ca.us](mailto:d downs@ci.sanbruno.ca.us)

#### SAN BRUNO ROTARY

Contact Amy Fink, President, at 624-8252  
[www.rotary5150.org](http://www.rotary5150.org)

#### VFW Post 2517

Contact Commander Jim Johnson at 697-1889





# Dream Big:

San Bruno Library  
Summer Reading Program  
Registration begins June 9  
Kick-Off Program: Wed., June 20  
Finale & Ice-Cream Party: Wed., July 25



**OWN THE NIGHT!**

## Teen Summer Reading Program

Read books and enter your reviews to win gift cards from your favorite store! Six \$25 weekly prizes and one \$50 grand prize will be awarded. Come to the library to pick up your review forms/entries June 1<sup>st</sup> through August 4<sup>th</sup>.

## Big Truck Storytime/ Hora de Cuentos y Camiones Grandes

Tuesday, June 12 @ 11:45

San Bruno City Park (next to the playground)  
Join us for stories with the Parks Department's  
big trucks and their drivers!

Acompañarnos para cuentos y a conocer los  
camiones grandes del Departamento de Parques  
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